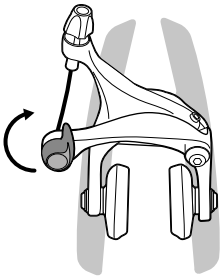


⚠ We recommend you also read the full instructions on our support website. ⚠

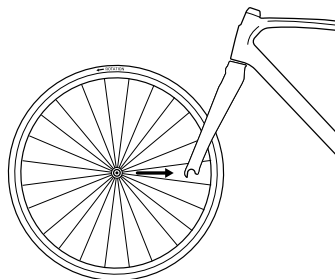
**1 - ASSEMBLING THE FRONT WHEEL OF THE BICYCLE WITH PAD BRAKING**

1

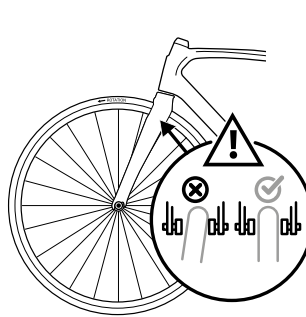


Disconnect the front brakes.

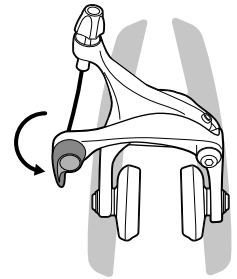
2



3



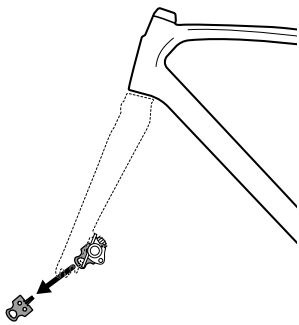
4



Reconnect the front brakes.

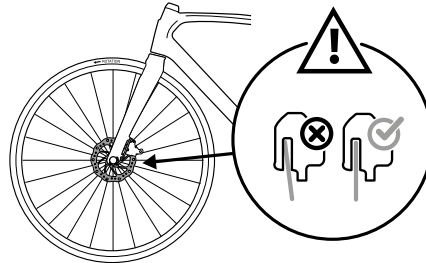
**2 - ASSEMBLING THE FRONT WHEEL OF THE BICYCLE WITH DISC BRAKING**

1



Remove the plastic spacer used on some models.

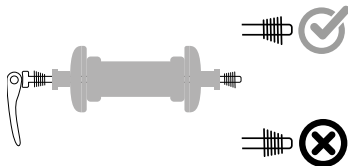
2



Fit the wheel with the disc between the pads. If your bike is thru-axle, tighten the thru-axle to the recommended torque and check the alignment of the disc between the pads. Disc brakes require a break-in period. Braking force will gradually increase as break-in progresses. Be sure to account for these increases when using the brakes during this break-in period.

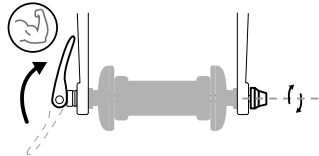
**3 - TIGHTEN THE WHEEL AXLE**

**Axle with lever (quick release or thru-axe)**



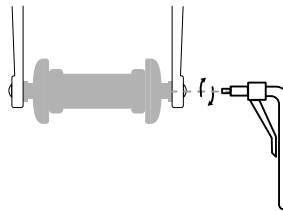
Quick release.

⚠ Caution: Left quick release



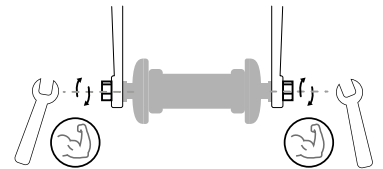
Some force is required to close the lever by hand.

**Axle without lever (quick release or thru-axe)**



Allen

Check the tightening torque on the thru-axle (often 10N.m), use a torque wrench.

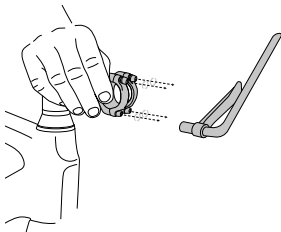


Nuts

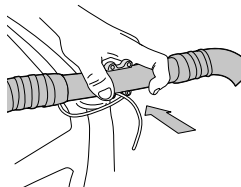
Tighten hard using the correct-sized wrench.

**4 - ASSEMBLING THE BIKE STEM**

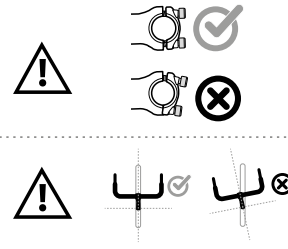
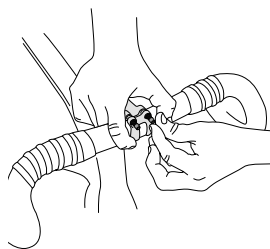
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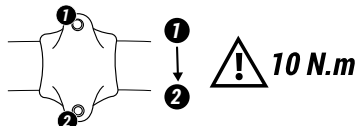
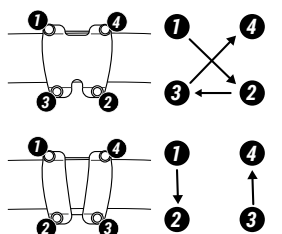
2



3



Tighten the stem screws to the correct torque (most often 5N.m as shown on the stem) using a torque wrench. To loosen, use an Allen key.



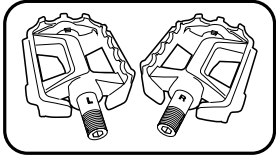
Thread by hand the bolts and slightly tighten them. Alternate between the two bolts until the handle bar is maintained.

## 5 - PEDAL ASSEMBLY

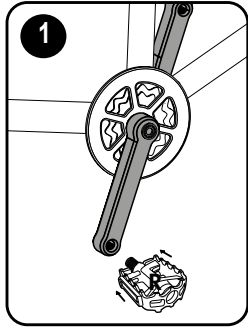
To identify the pedal that goes on the right of the bike from the one that goes on the left, there is a marking on each pedal:

R = Pedal that goes on the right of the bike (drive side). Turn it clockwise to fasten it to the crank.

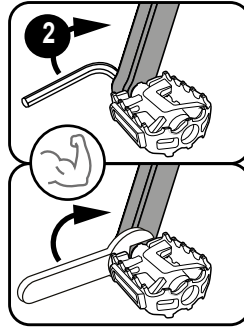
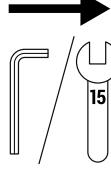
L = Pedal that goes on the left of the bike. Turn it anti-clockwise to fasten it to the crank.



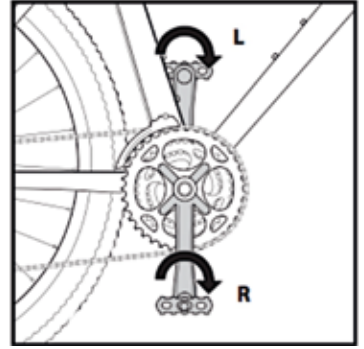
This type of assembly is often found with road bike pedals and so-called «clipless» pedals.



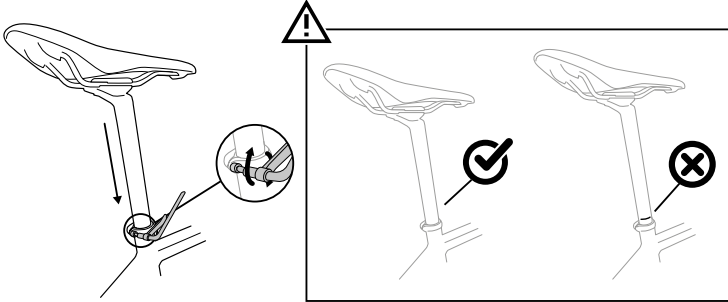
Screw on the pedals using one of the Allen keys.



Finish off the tightening with this key.



## 6 - ADJUSTING THE SEATPOST



You will modify the height of your saddle according to your height and the riding position where you feel comfortable.

Tighten to the torque (5N.m) using a torque wrench.

**WARNING: the seatpost must not be extended beyond the limit mark on the seatpost.**

Dear customer,

This fitting and assembly manual is for assembling your bike in just a few simple steps. The assembly and the necessary pre-adjustments, such as the adjustment of the brakes or gear changes, have already been done by our technicians. You just have to mount the pedals and reposition the handlebars and seat. All the tools you need to assemble the bike are provided with the bike.

**Warnings about the risks of improperly assembling or adjusting the various components of the bike:**

You must read the assembly and operating instructions so that you are aware of the general advice and technical features of your bike. Failure to comply with the installation and adjustment instructions in this manual may result in damage to your bike and jeopardise your safety when using it. When riding a bike, you should be aware that there are risks associated with cycling and that you, as the cyclist, must always be in control of your bike.

The lighting system and the audible warning are safety devices that are provided with your bike. They must be fitted to the bike when you are out cycling.

Check that your lighting systems are working and that the batteries are sufficiently charged before setting off. The user must comply with the requirements of the country's regulations when riding a bicycle on public roads.

**Warning MAINTENANCE:**

Your bike requires a certain amount of maintenance and regular servicing depending on your use of the bike: regularly oil the chain, brush the cogs and chainrings, place a few drops of oil in the brake and derailleur cable sleeves and remove dust from the brake pads.

Regularly check the tyres for wear, cuts, cracks, pinching and replace the tyre if necessary. Check the rims and make sure there is no excessive wear, buckling, knocks or cracks. The maintenance of your bicycle must be carried out regularly by a qualified mechanic.

The frame, forks and all the components must be regularly checked by our Decathlon After-Sales Service team to detect the signs of wear and/or potential deterioration (cracks, corrosion, damage, etc.). These are important safety checks which help avoid accidents and physical injury and ensure the lasting health of your bicycle.

Some parts of your bicycle will require slight modifications after 2 to 3 hour's use, mainly in order to make final adjustments to the components. The derailleur cable tension must be adjusted: the sleeves get compacted, which means that the derailleur and brake tensions need to be readjusted.

With single-speed bikes, pedalling may seem difficult at first. This is completely normal, and after a few hour's use pedalling will become easier: the chain loosens naturally.

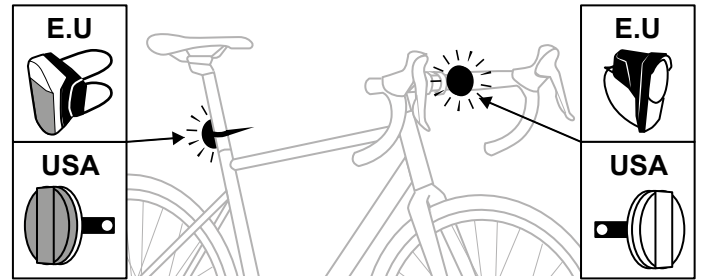
For safe use, wear a helmet as well as protection and/or signalling elements. The product and its use must comply with the regulations in force. When used in the rain or on wet roads the visibility and grip are reduced, braking distances are extended, the user must adapt their speed and anticipate when braking. The good condition of wear parts such as the rims, brakes, tyres, headset and transmission must be checked by the user before use and regularly checked, maintained and adjusted by a qualified and experienced mechanic.

Warning: Using clipless pedals and pedals with toe clips is complicated and requires some practice to avoid falling: engage and disengage your shoes in the pedals before setting off. The interface between the cleat and the pedal can be affected by a number of factors including dust, mud, lubrication, spring tension and general wear.

To adjust shoe straps, refer to the component manufacturer's recommendations which can be found on support.decathlon.fr/languages

This operation must be performed by a qualified mechanic.

## 7 - LIGHTING / REFLECTORS



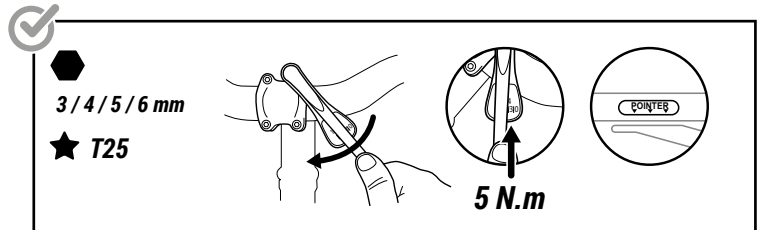
E.U

USA

Please install the lights that came with your bike before riding in low light conditions.

Please install the reflectors provided with the appropriate tool provided  
White reflector at the front of the bike (handlebar): +/-5° horizontal-vertical alignment Red reflector at the rear of the bike (seat post): Top of reflector at least 70mm below seat clamp

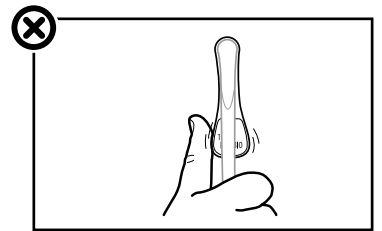
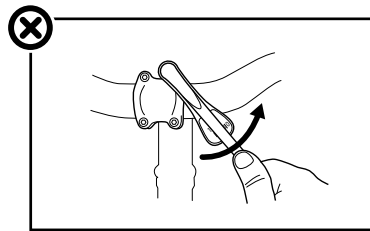
If you ride in low light conditions, consider buying suitable lights. Riding without proper bicycle lights and reflectors is dangerous and can result in serious injury or death.



3 / 4 / 5 / 6 mm

T25

5 N.m



**Torque wrench user instructions**

- Select the right attachment to fit in the housing.
- Turn the handle clockwise with the required force.
- Read the value on the right side of the handle - the pointer lines up with the number.

**Caution:**

- Do not use this wrench to untighten the screws.
- Do not apply a force greater than the maximum applicable torque of 10 N.m.
- Do not push or twist the reading scale.
- Turn the handle ONLY clockwise.

Used batteries contain harmful metals for the environment (Hg: Mercury, Cd: Cadmium, Pb: Lead): they can be taken to our shops to be disposed of appropriately; do not throw them away with household waste. Batteries should be collected separately. The «crossed-out bin» symbol indicates that this product and the batteries it contains cannot be thrown away with household waste. They must be sorted and recycled separately. Take the batteries and unusable electronic products to an authorised collection area for recycling. Recycling your electronic waste in this way will protect the environment and your health.