

# HR300



# ENGLISH

## CAUTION

To reduce the risk of serious injury, read the following important safe use instructions before using the product.

1. Read all the instructions in this manual before using the product. Only use this product in the manner described in this manual. Keep this manual for the entire life of the product.
2. The assembly and installation of this device must be performed by an adult.
3. It is the responsibility of the owner to ensure that all users of this product are properly informed as to how to use this product safely.
4. Domyos accepts no responsibility for any claims for injury or damage to any person or property resulting from the unsafe use of this product by the purchaser or any other person.
5. This product is intended for domestic use only. Do not use this product in any commercial, rental or institutional setting.
6. If you feel any pain or if you become dizzy while exercising, stop immediately and rest.
7. Your movements should be regular and smooth when exercising.

## CAUTION

Consult with your physician before beginning any exercise program. This is especially important for persons over 35 years of age or for those who have had previous health problems if you have not been athletically active for several years. Read all the instructions before use.

## WARRANTY

DECATHLON guarantees the materials and workmanship of this product under normal conditions of use for 5 years from the date of purchase, the date on the sales receipt acting as proof. DECATHLON's obligation with regard to this guarantee is limited to the replacement or repair of the product, at the discretion of DECATHLON. All products for which the guarantee is applicable must be checked in by DECATHLON at one of its approved facilities, transport prepaid, accompanied by adequate proof of purchase.

This guarantee does not apply to cases of :

- Damage caused during transport.
- Improper or abnormal use.
- Repairs made by technicians not approved by DECATHLON.
- Use of the product in question for commercial purposes.

This warranty does not exclude any legal guarantees applicable according to the country and/or province

DECATHLON 4 Boulevard de Mons – BP299 – 59665 VILLENEUVE D'ASCQ – France

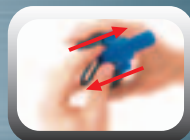
# HR300



- (F) Poignée ergonomique.
- (EN) Ergonomically designed handle.
- (ES) Empuñadura ergonómica.
- (DE) Ergonomischer Griff.
- (I) Impugnatura ergonomica.
- (NL) Ergonomisch handvat.
- (PT) Manípulo ergonómico.
- (PL) Uchwyt ergonomiczny.
- (ZH) 人体工程学设计的把手.
- (HU) Ergonomikus fogantyú.

- (F) Barrette de réglage.
- (EN) Adjustment clip.
- (ES) Barra de reglaje.
- (DE) Einstelleiste.
- (I) Barretta di regolazione.
- (NL) Instelstaafje.
- (PT) Prancheta de regulação.
- (PL) Listwa regulacyjna.
- (ZH) 调节棒.
- (HU) Beállító rudacska.

- (F) Utilisation.
- (EN) Use.
- (ES) Utilización.
- (DE) Verwendung.
- (I) Utilizzo.
- (NL) Gebruik.
- (PT) Utilização.
- (PL) Użytkowanie.
- (ZH) 使用.
- (HU) Használat.



- (F) Réglage.
- (EN) Adjustment.
- (ES) Reglaje.
- (DE) Einstellung.
- (I) Regolazione.
- (NL) Instellen.
- (PT) Regulação.
- (PL) Regulacja.
- (ZH) 调节.
- (HU) Beállítás.

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*Amo en usage normal*  
*Years under normal use*  
*Años en condiciones de uso normal*  
*Jahre bei normalen Gebrauch*  
*Anni in condizioni d'uso normale*  
*Javas bei normaal gebruik*  
*Anos em uso normal*  
*Norma przy normalnym użytkowaniu*  
*Használati időtartam*  
*éves, normális használat esetén*



DECATHLON 4, bd de Mons - BP 299 - 59665 Villeneuve d'Ascq Cedex - France  
[www.decathlon.com](http://www.decathlon.com) Made in Taiwan - Hecho en Taiwan - 台灣製造  
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