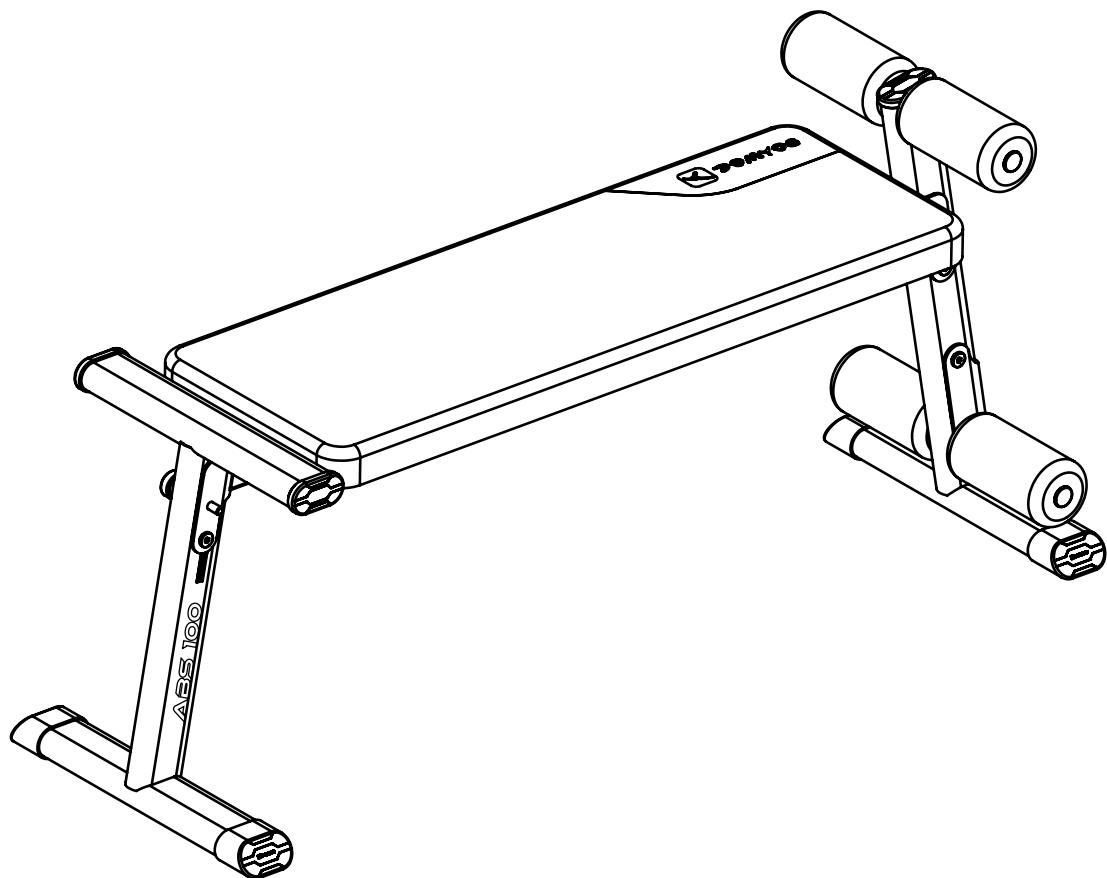


DOMYOS ABS BENCH 100



**DOMYOS
ABS BENCH 100**
8 kg / 17.6 lbs
108 x 37 x 50 cm
42.6 x 14.5 x 19.7 in

MAXI
130 kg
287 lbs

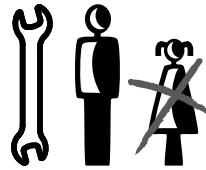


15 min



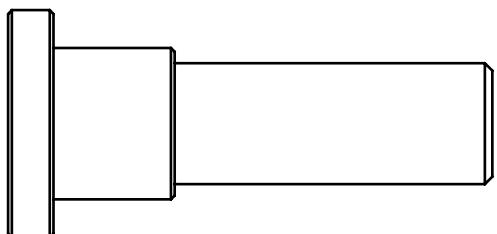
DOMYOS

**ASSEMBLY • MONTAGE • MONTAJE • MONTAGE • MONTAGGIO • AFWERKING •
MONTAGEM • MONTAŻ • SZERELÉS • СБОРКА • MONTARE • MONTÁŽ • MONTÁŽ •
MONTERING • МОНТИРАНЕ • MONTAJ • MONTAŽA • 安裝 • 組み立て • 安装 • التركيب**



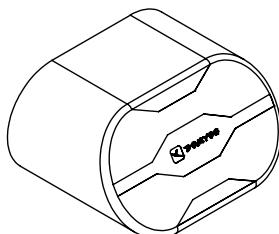
15 min

A



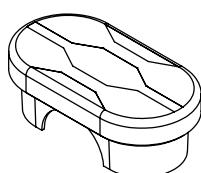
x3

B



x4

C



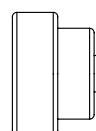
x3

D

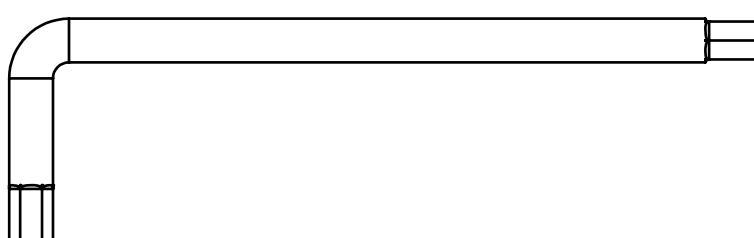


x4

E

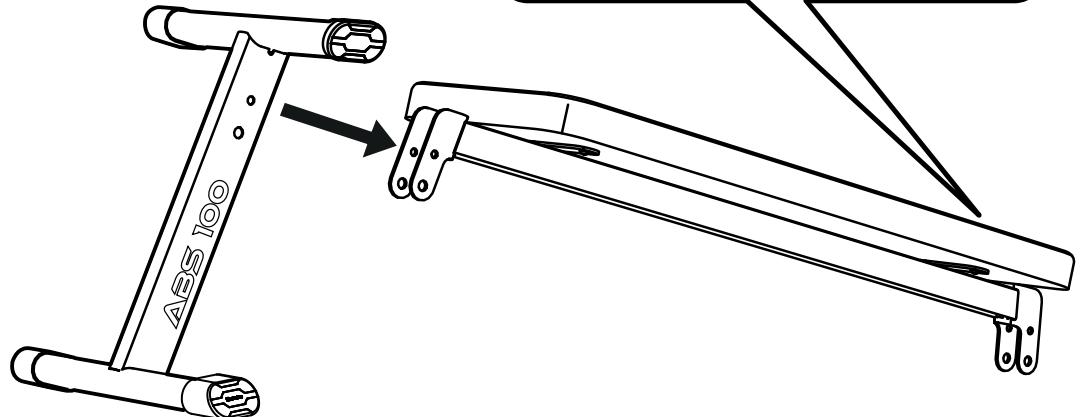
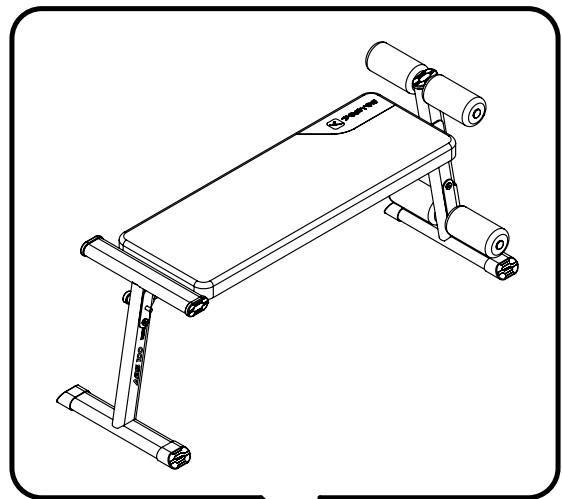
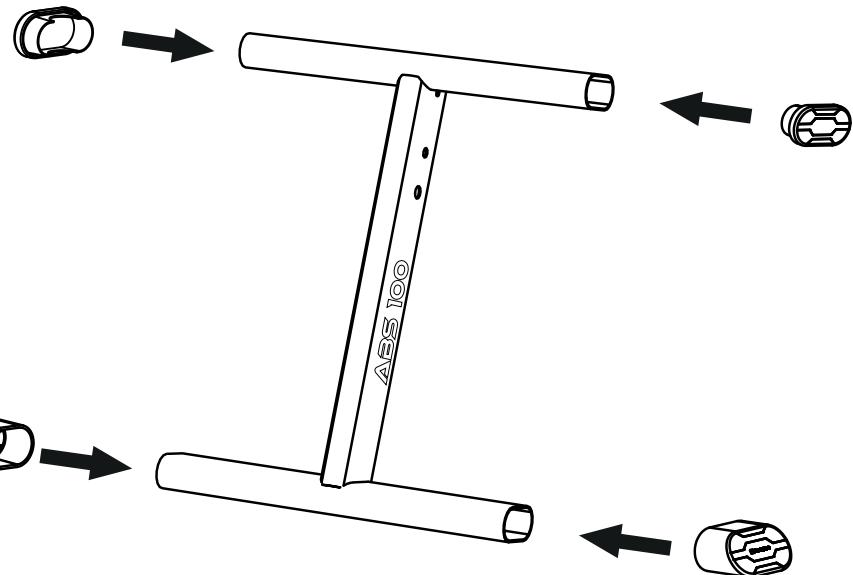
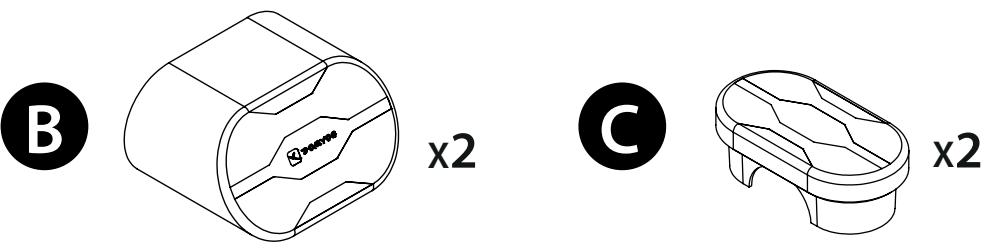


x2



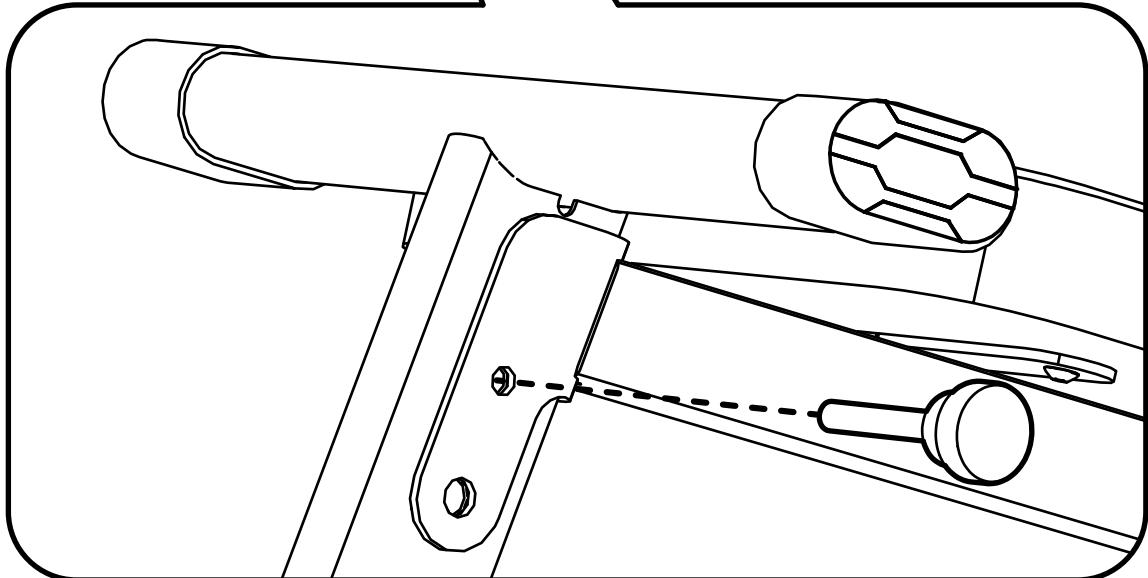
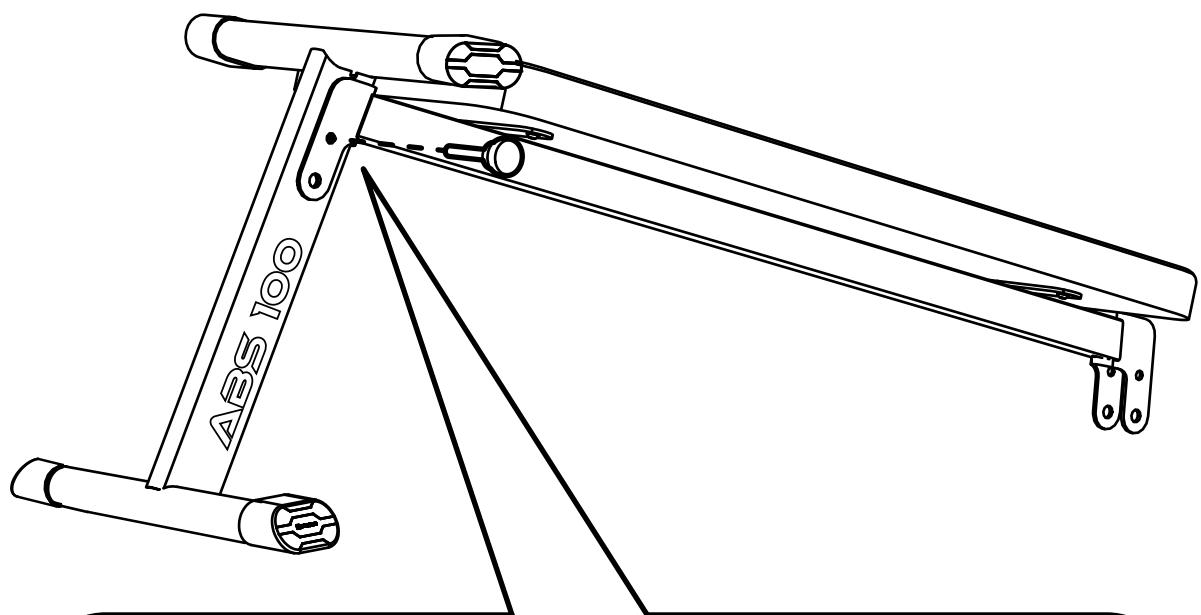
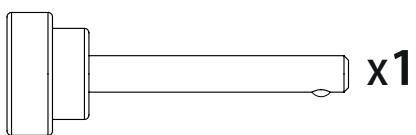
x2

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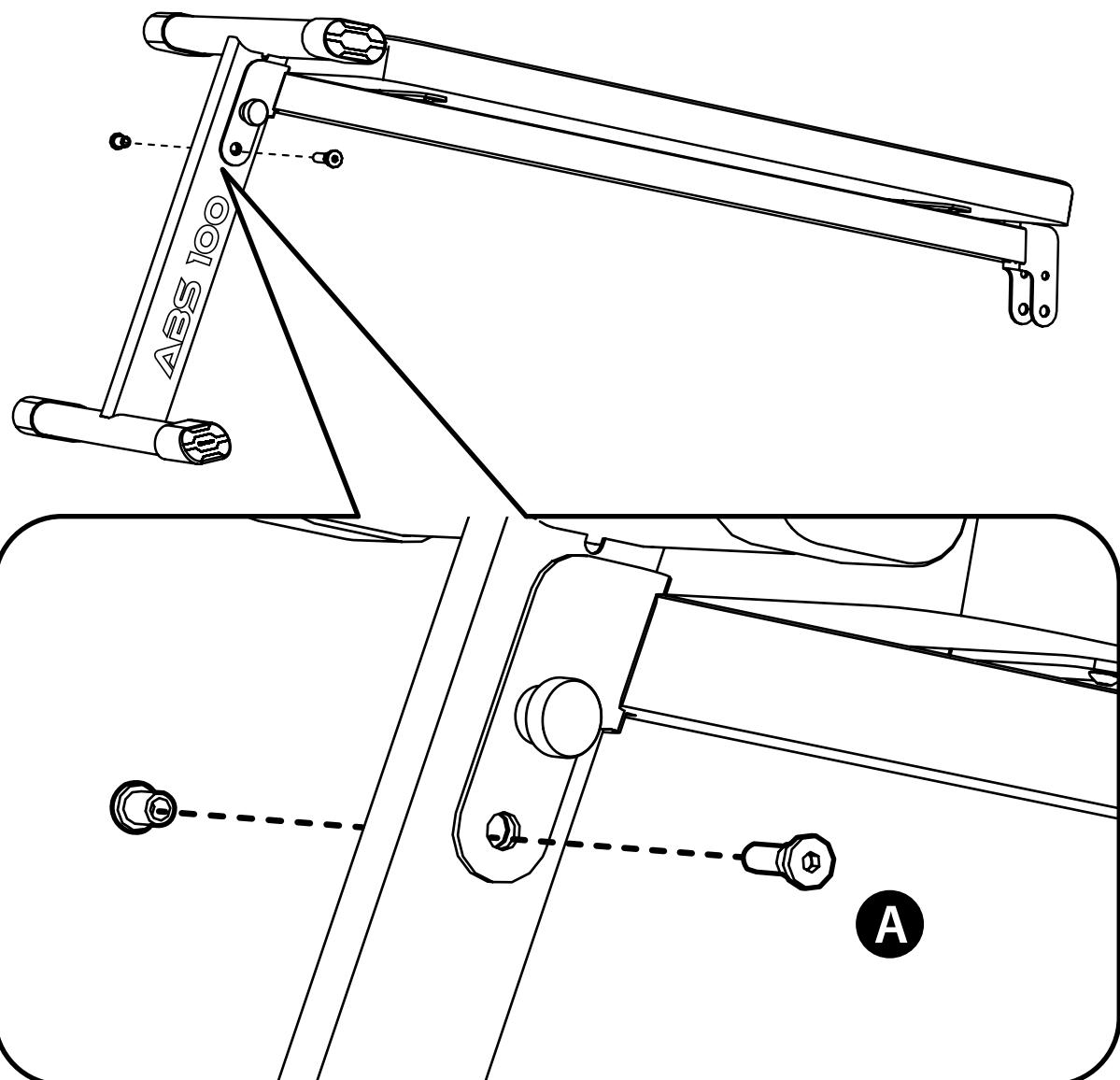
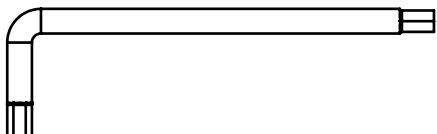
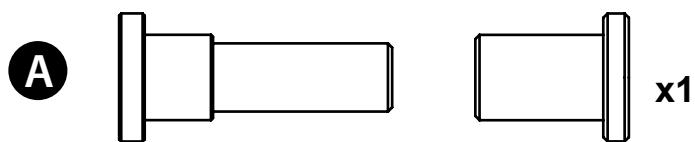


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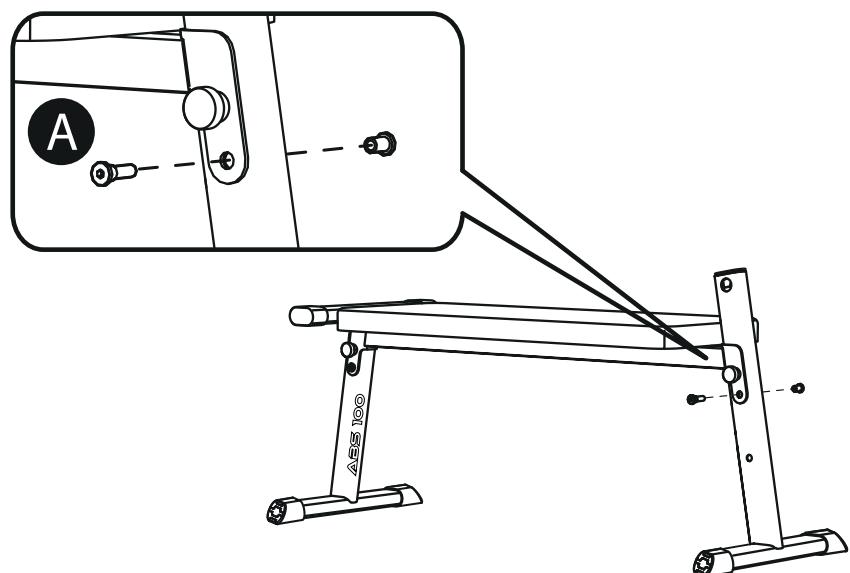
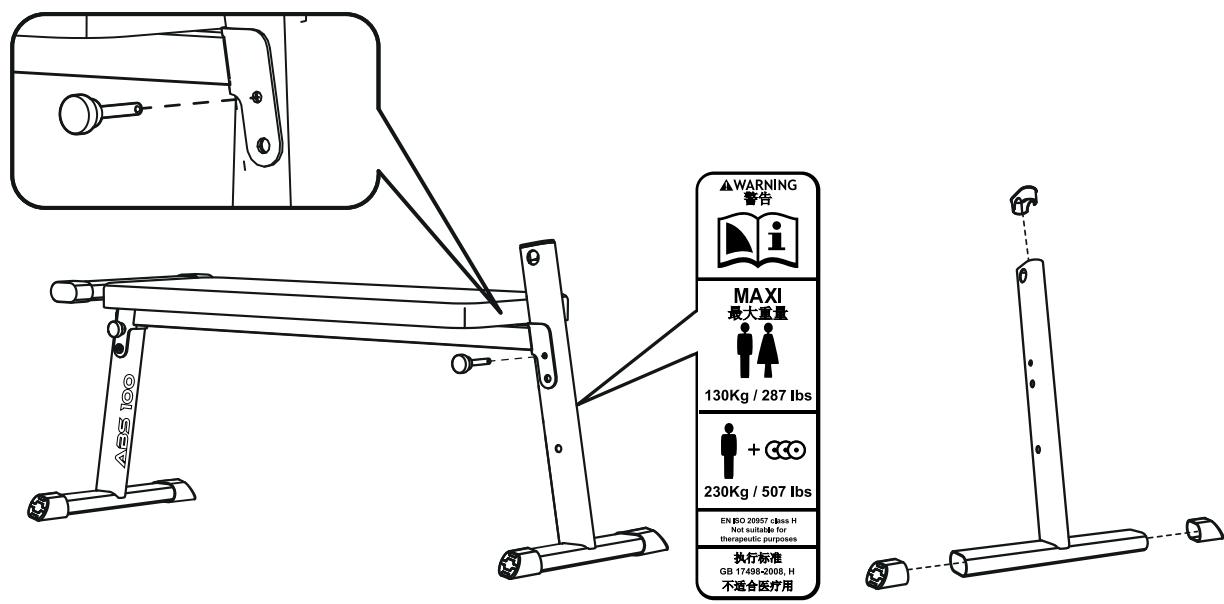
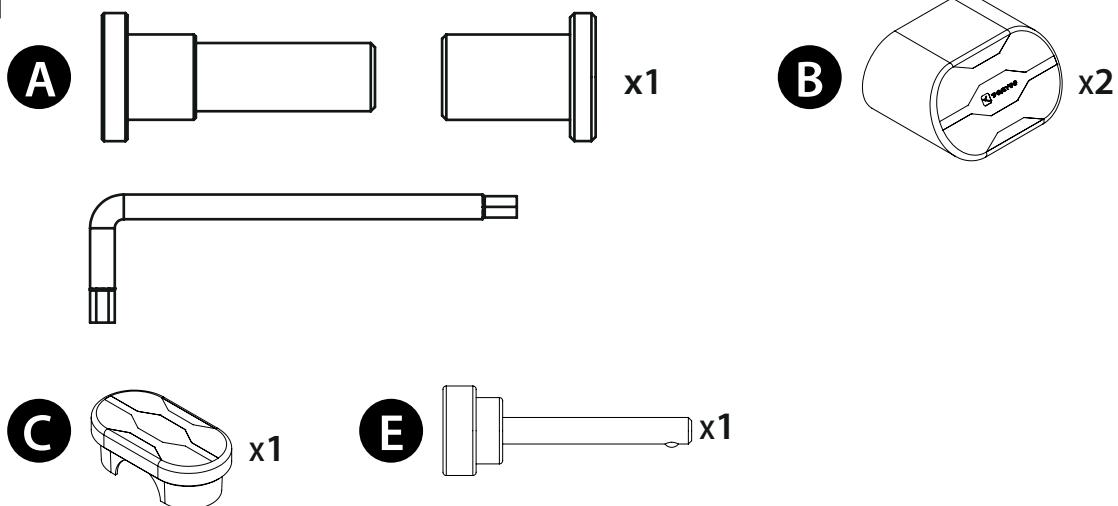
E



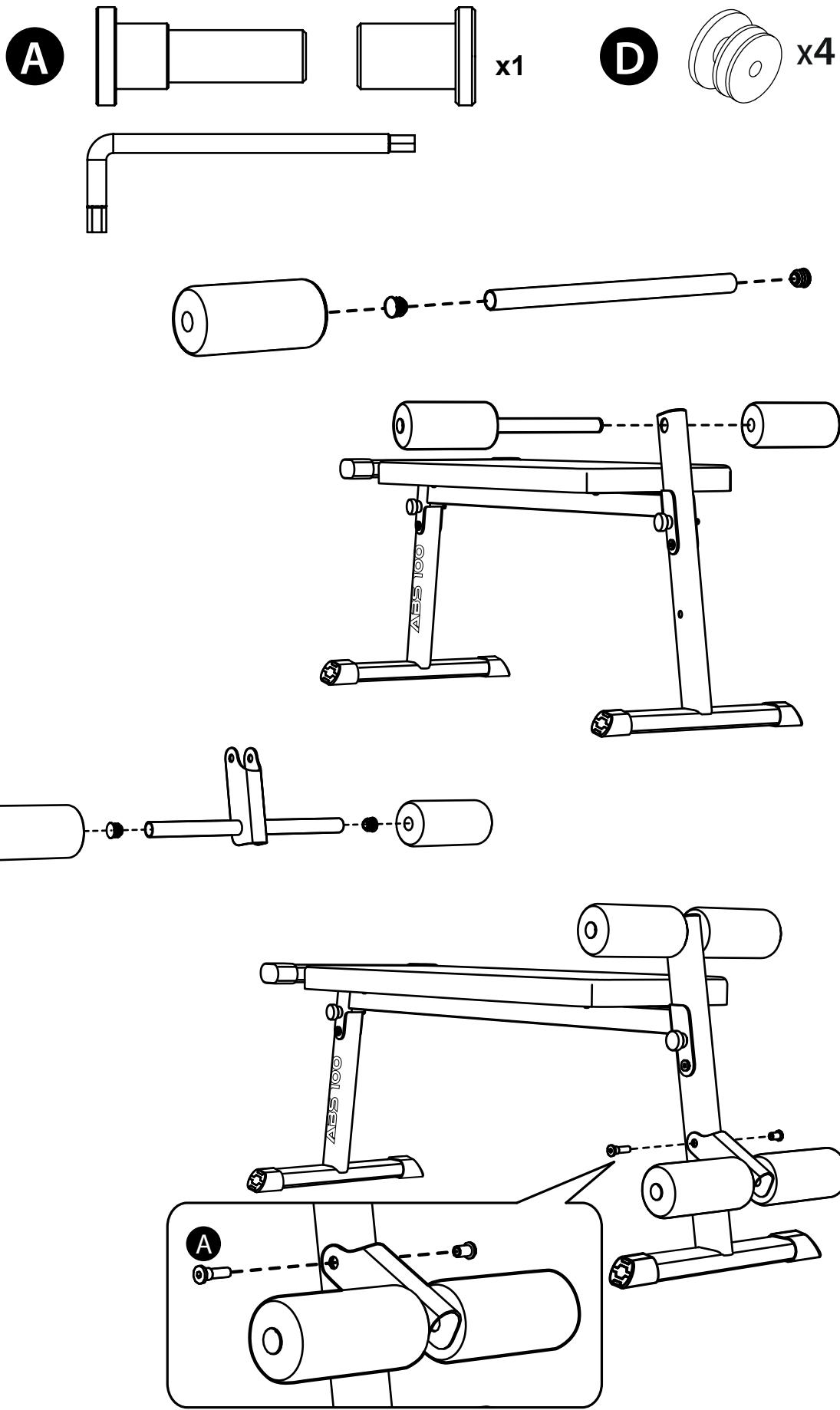
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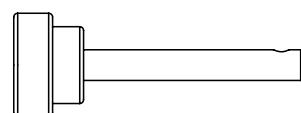
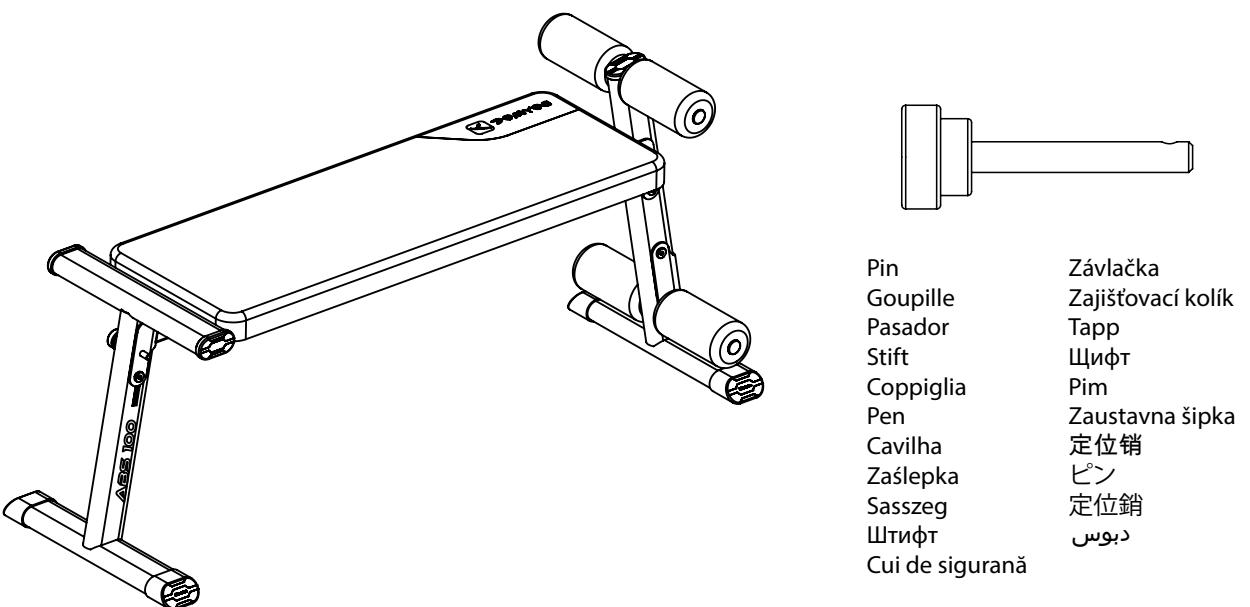
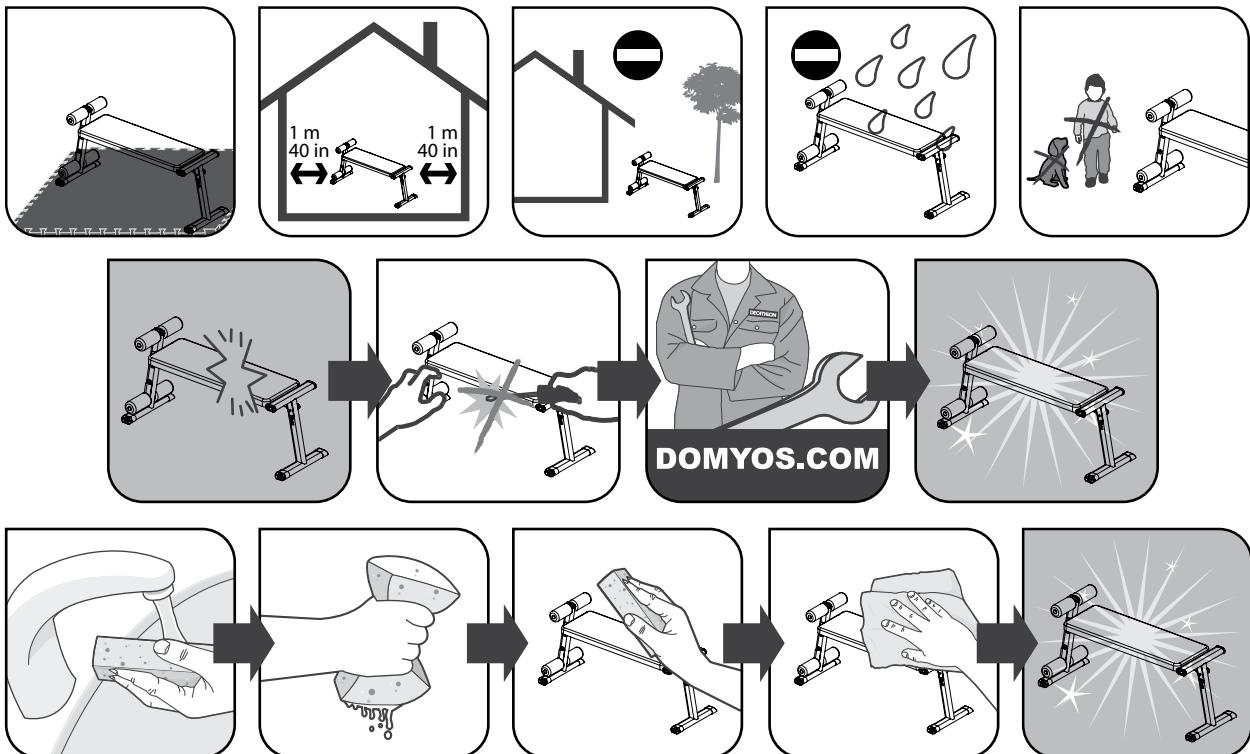
4



5

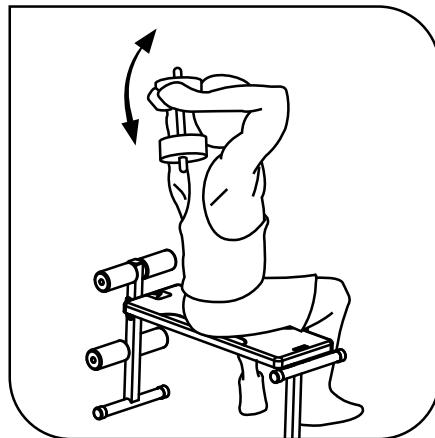
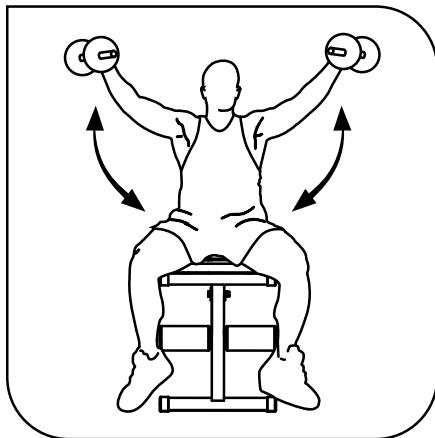
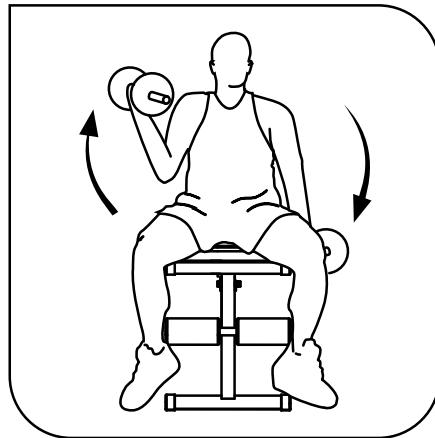
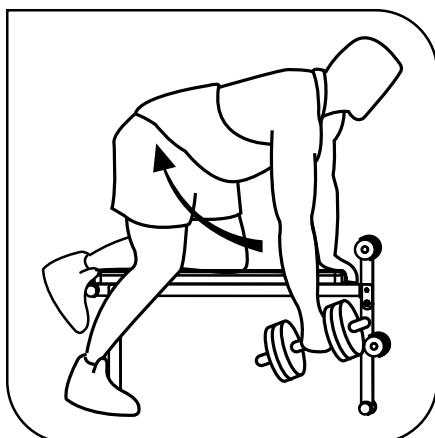
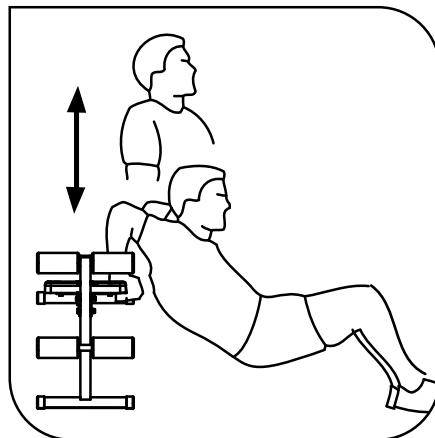
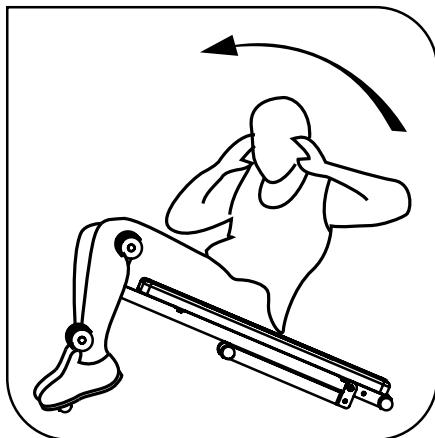


**SAFETY • SÉCURITÉ • SEGURIDAD • SICHERHEIT • SICUREZZA • VEILIGHEID •
 SEGURANÇA • BEZPIECZEŃSTWO • BIZTONSÁG • МЕРЫ БЕЗОПАСНОСТИ • SIGURANȚĂ
 • BEZPEČNOSŤ • BEZPEČNOST • SÄKERHETSANVISNINGAR • БЕЗОПАСНОСТЬ • GÜVENLİK
 • SIGURNOST • 安全 • 安全 • 安全 • احتیاطات أمنیة.**



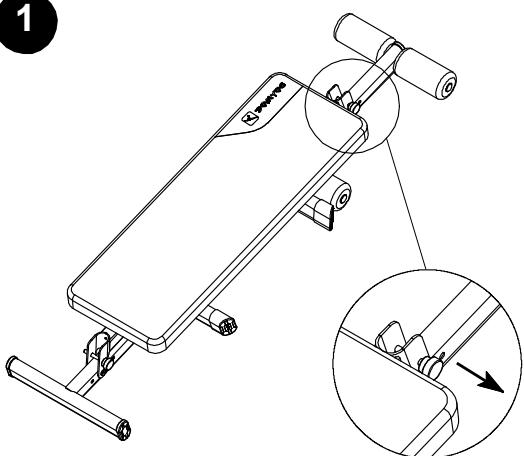
| | |
|-----------------|-------------------|
| Pin | Závlačka |
| Goupille | Zajišťovací kolík |
| Pasador | Tapp |
| Stift | Щифт |
| Coppiglia | Pim |
| Pen | Zaustavna šipka |
| Cavilha | 定位销 |
| Zašlepka | ピン |
| Sasszeg | 定位銷 |
| Штифт | دبوس |
| Cui de sigurană | |

**EXERCISES • EXERCICES • EJERCICIOS • ÜBUNGEN • ESERCIZI • OEFENINGEN •
EXERCÍCIOS • ĆWICZENIA • EDZÉS • УПРАЖНЕНИЯ • EXERCITII •
CVIČENIE • CVIKY • ÖVNINGAR • УПРАЖНЕНИЯ • EGZERSİZLER • VJEŽBE •
练习 • エクササイズ • 練習 • التمارين**

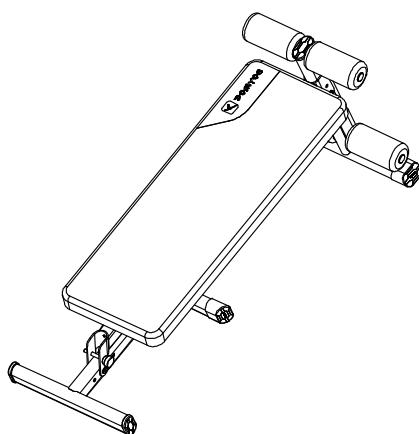


**FOLDING • PLIAGE • PLEGADO • EINKLAPPEN • CHIUSURA • UITKLAPPEN • DOBRAGEM
• SKŁADANIE • ÖSSZEHAJTÁS • СКЛАДЫВАНИЕ • PLIERE • SKLADANIE • SKLÁDÁNÍ.
HOPFÄLLNING • СГЪВАНЕ • KATLAMA • SKLAPANJE • 折叠 • 折りたたみ • 折叠 • الطي**

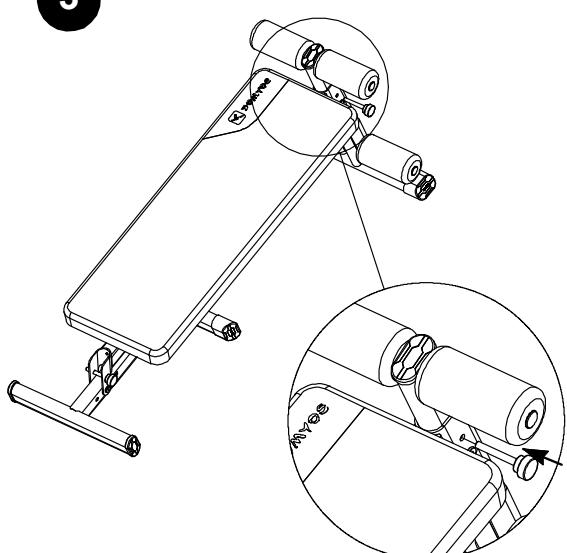
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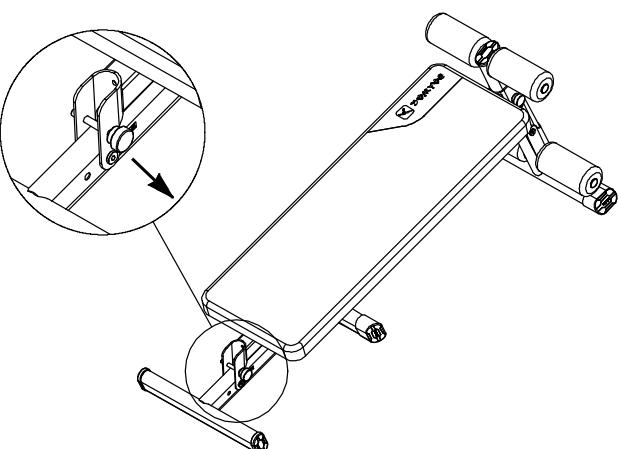
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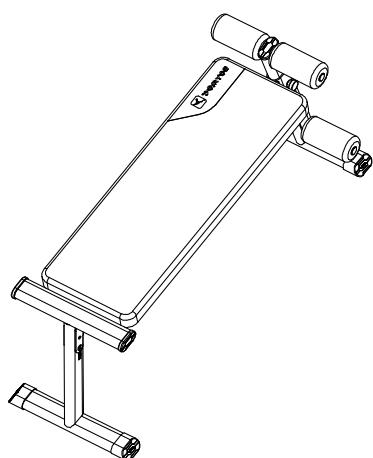
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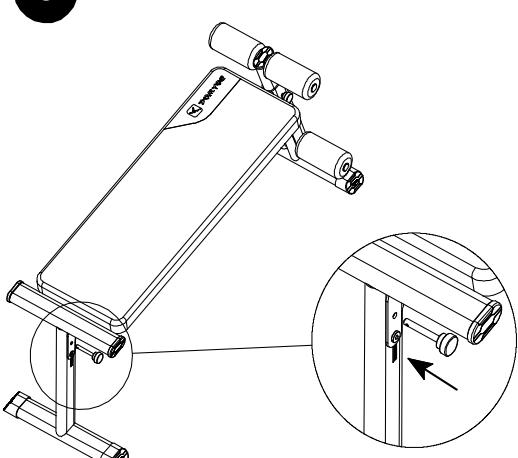
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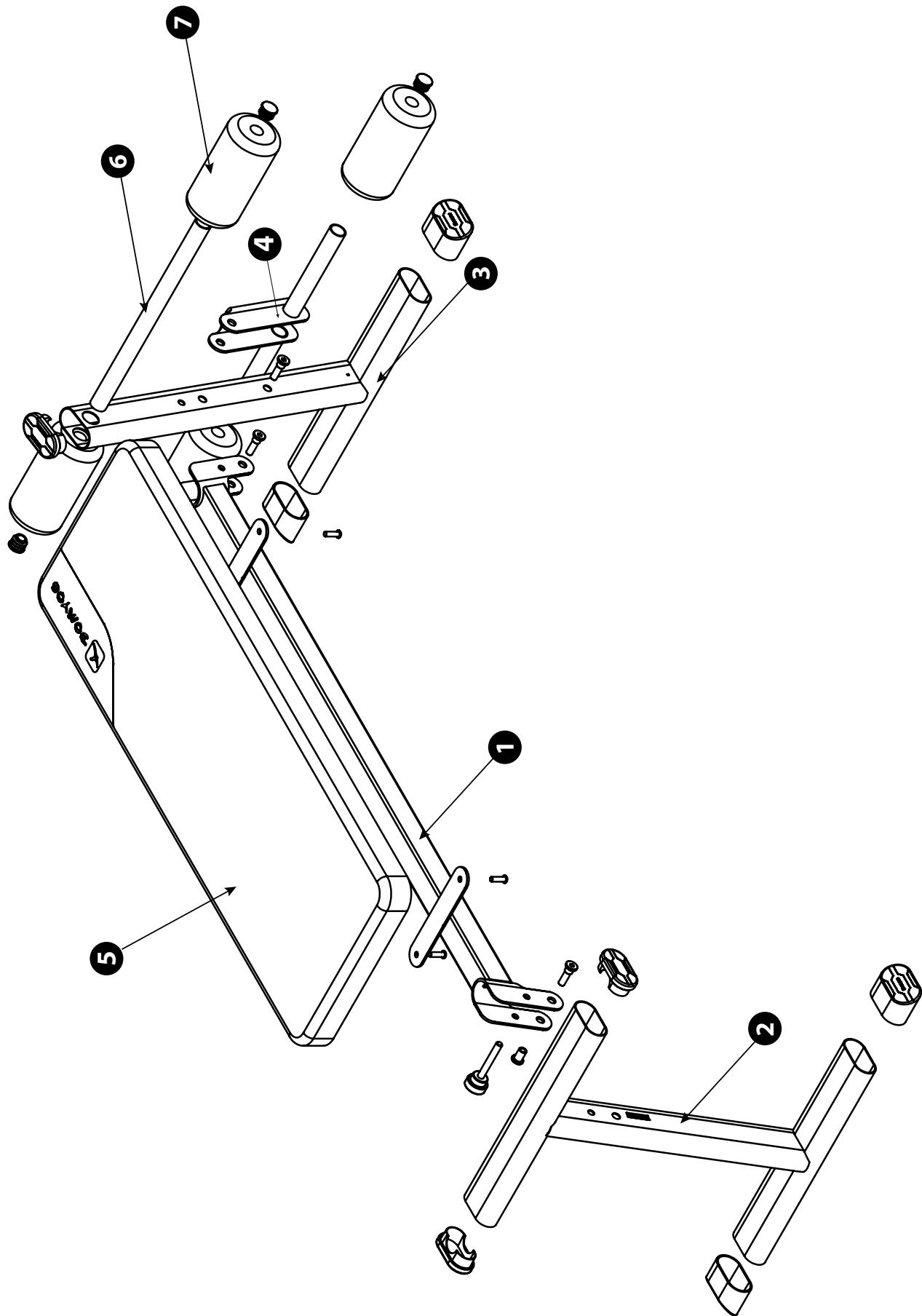


5



6





DOMYOS ABS BENCH 100

Original instructions to be kept

Notice originale à conserver

Conserve estas instrucciones originales

Originalanleitung für Ihre Unterlagen

Istruzioni originali da conservare

De oorspronkelijke handleiding dient bewaard te worden

Manual original a guardar

Instrukcja obsługi do zachowania na przyszłość

Tegye el az eredeti használati utasítást.

Сохраните оригиналную инструкцию

Informații originale care trebuie păstrate

Originál návod uchovat'

Originální návod uschovějte

Originalbipacksedel att spara

Запазете оригиналното упътване

Muhafaza edilecek orijinal kullanım kılavuzu

Izvorne upute, sačuvajte za kasniju upotrebu

请保留说明书

保存用説明書

請保留原始說明書

يرجى الاحتفاظ بهذه النشر



Производитель и адрес, Франция:
DECATHLON - 4 Boulevard de Mons - BP 299
59665 Villeneuve d'Ascq cedex - France

IMPORTADO PARA BRASIL POR IGUASPORT Ltda - CNPJ : 02.314.041/0022-02

Импортер: ООО «Октоблу», 141031, Россия, Московская область, Мытищинский район, МКАД 84-й км., ТПЗ «Алтуфьево», владение 3, строение 3 - +7(495)6414446 - для занятий спортом - Силовой тренажер для пресса - сырье: металл

TURKSPORT Spor Ürünleri Sanayi ve Ticaret Ltd.Şti, Osmaniyeli Mahallesi Çobançık Koşuyolu, Bulvarı No: 3 Marmara Forum Garden Office, 0B Blok 01 Bakırköy 34146 İstanbul, TURKEY

以下标示仅在中国大陆地区适用 - 迪脉 (上海) 企业管理有限公司, 上海市浦东新区银霄路 393号五层东侧 邮编 : 201204 -

产品等级 : 合格品 - EN ISO 20957:2008 - GB 17498:2008 - 品名 : 仰卧板 - 主要成分 : 铁 - 土耳其製造 - 商标 : DOMYOS

540-0011 - 大阪市中央区農人橋1-1-22 - 大江ビル10階 - ナチュラムイーコマース株式会社

台灣迪卡儂有限公司, 台灣台中市408南屯區大墩南路379號, 諮詢電話: (04) 2471-3612 - 品名: 仰卧板 - 主要成分: 铁

Made in Turkey - Fabricado na Turquia - Произведено в Турции - İmal edildiği yer Türkiye - 土耳其制造 - 土耳其製造

ref pack: 0786.955



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