

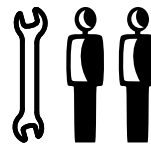
DOMYOS COMFORT RUN



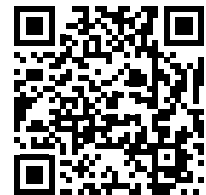
**DOMYOS
COMFORT RUN**

65 kg / 143 lbs
168 x 81 x 140 cm
66 x 32 x 55 in

MAXI
130 kg
287 lbs



40 min



1

EN Console
FR Console
ES Consola
DE Konsole
IT Console
NL Console
PT Consola
PL Konsola
HU Műszerfal
RU Дисплей
RO Consolă
SK Konzola
CS Konzole
SV Konsol
BG Табло
TR Konsol
HR Konzola
SL Nadzorna plošča
VI Bảng điều khiển
ZH 控制面板
JA コンソール
ZT 控制面板
TH ส่วนควบคุม
AR الكونسول

2

Safety key
Clé de sécurité
Llave de seguridad
Sicherheitsschlüssel
Chiave di sicurezza
Veiligheidsleutel
Chave de segurança
Klucz zabezpieczający
Biztonsági kulcs
Ключ безопасности
Cheie de siguranță
Bezpečnostný kľúč
Bezpečnostní klíč
Säkerhetsnyckel
Ключ за безопасност
Güvenlik anahtarı
Sigurnosni ključ
Varnostni ključ
Chìa khóa an toàn
安全钥匙
セキュリティキー
安全鑰匙
กุญแจนิรภัย
مفتاح أمان

3

Handrail
Barre de maintien
Barra de sujeción
Haltestange
Barra di tenuta
Steunstang
Barra de suporte
Uchwyt
Tartórúd
Поручень
Bară de susținere
Operná tyč
Madlo
Stödstång
Дръжка
Tutunma barı
Ručka za držanje
Balanca
Thanh vịn
橫向握杆
サポートバー
橫向握桿
บาร์ออกกำลังกล้ามเนื้อ
قضيب تثبيت

4

Master switch
Interrupteur principal
Interruptor principal
Hauptschalter
Interruttore principale
Hoofdschakelaar
Interruptor principal
Wylącznik główny
Főkapcsoló
Основной выключатель
Întreprător principal
Hlavný vypínač
Hlavní vypínač
Huvudbrytare
Основен бутон
Ana kumanda anahtarı
Glavni prekidač
Glavno stikalo
Công tắc chính
主开关
主電源
主開關
สวิตช์เปิด/ปิดหลัก
قاطع رئيسي

5

Treadmill belt
Bande de course
Cinta de correr
Lauffläche
Nastro di corsa
Loopband
Passadeira de corrida
Pas bieżny
Futófelület
Беговое полотно
Bandă de alergare
Bežecký pás
Běžící pás
Löppband
Бягаща лента
Koşu bandı
Traka za trčanje
Tekalno stezo
Thảm chạy
傳送帶
ランニングベルト
傳送帶
ผ้าวิ่ง
سير مشي

6

Footrest
Repose-pieds
Reposapiés
Lauffraße
Poggiapiedi
Voetensteun
Descanso para pés
Oparcia stóp
Lábtartó
Подножки
Suport pentru picioare
Stúpačka
Stupačky
Fotstöd
Стъпенка
Ayak dayama yeri
Odmorište za noge
Podstavek za noge
Chỗ để chân
置脚处
フットレスト
置脚處
ที่เท้า
مسند القدمين

7

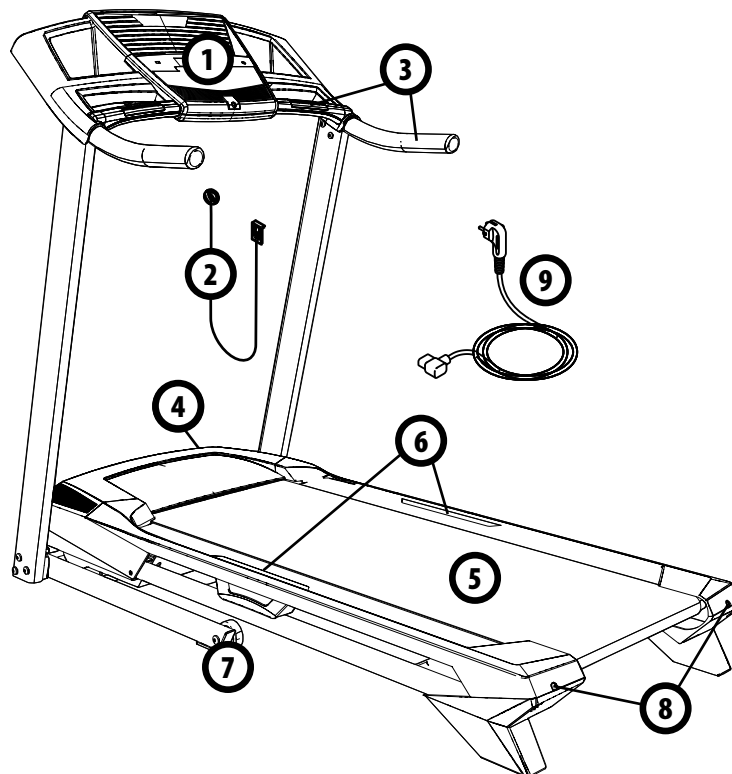
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FR Roulettes de déplacement
ES Ruedas de desplazamiento
DE Transportrollen
IT Rotelle di spostamento
NL Transportwieltjes
PT Rodinhas de deslocação
PL Kółka do przemieszczenia
HU Görgők a mozgatóshoz
RU Транспортноровочные ролики
RO Rotițe de deplasare
SK Premiestňovacie kolieska
CS Přemístovací kolečka
SV Transporthjul
BG Колелца за преместване
TR Hareket makaraları
HR Kotači premještanje
SL Kolesca za premikanje
VI Bánh lăn
ZH 移动滑轮
JA 移動用キャスター
ZT 移動滑輪
TH ล้อสำหรับการเคลื่อนย้าย
AR بكرات النقل

8

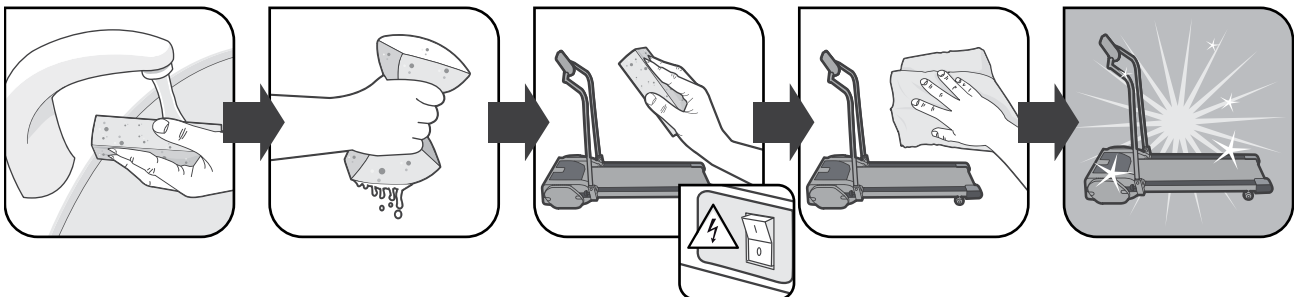
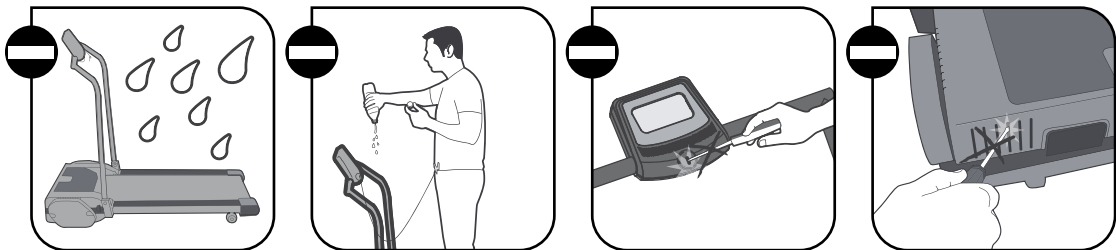
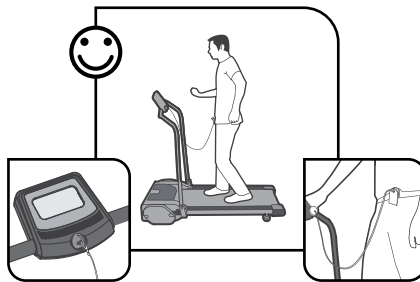
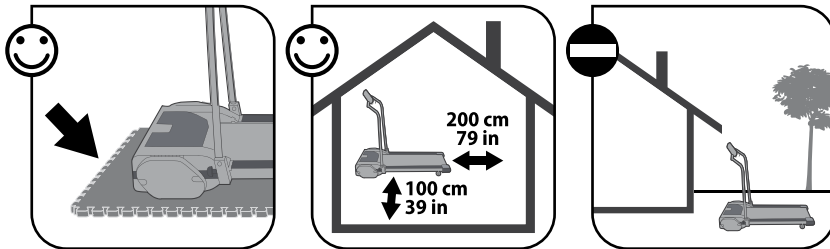
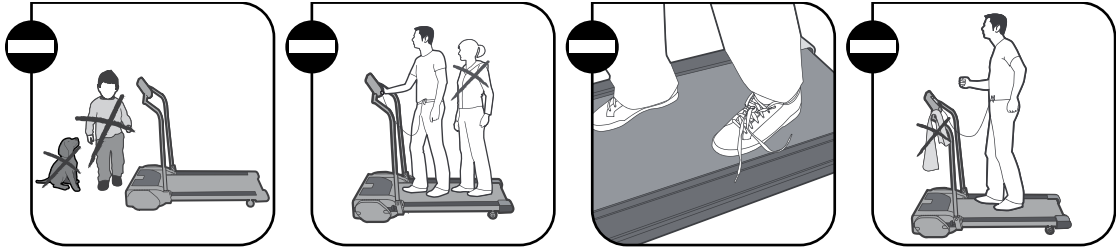
Adjusting nut to centre and set the tension of the treadmill belt
Vis de réglage pour le centrage et la tension de la bande de course
Tornillo de ajuste para el centrado y la tensión de la cinta de correr
Einstellschraube für das Zentrieren und die Spannung der Lauffläche.
Vite di regolazione per la centratura e la tensione del nastro di corsa
Regelschroef voor het centreren en het spannen van de loopband
Parafuso de ajuste para centragem e tensão da passadeira de corrida
Śruba regulacji wyśrodkowania i napięcia pasa bieżnego
A futófelület központosítására és a szalag feszességének beállítására szolgáló csavar
Регулировочный болт для центрирования и натяжения бегового полотна
Șuruburi de reglare pentru centrarea și tensionarea benzii de alergare
Nastavovacia skrutka pre centrovanie a napínanie bežeckého pásu
Šroub pro nastavení centrování a napětí běžícího pásu
Justerskruv för centrering och spänning av löppbandet
Регулиращ винт за центриране и регулиране степента на обтягане на бягащата лента
Koşu bandı için ortalama ve gerginlik ayarı vidası
Regulator za centriranje i podešavanje napetosti trake za trčanje
Nastavitveni vijak za centriranje in nastavitev napetosti tekalne steze
Vít điều chỉnh vị trí và độ căng của thảm chạy
傳送帶對中及張緊度調節螺絲
センターリングとランニングベルトの張力調節ビス
傳送帶對中及張緊度調校螺絲
ปุ่มไขปรับค่าความสมดุลและค่าเสียดทานของผ้าวิ่ง
مسامير ملولبة لضبط تمرکز المشاية وشد سير المشي

9

Power cord
Cordon d'alimentation
Cable de alimentaci3n
Stromkabel
Cavo d'alimentazione
Elektricitessnoer
Cabo de alimentaç3o
Kabel zasilajacy
Tápkábel
Сетевой кабель
Cablu de alimentare
Napájací kábel
Napájecí kabel
Elsladd
Захранващ кабел
Güç kablosu
Kabel za napajanje
Napajalni kabel
Dây điện
电源线
電源コード
電源線
สายไฟ
كبل الكهرباء



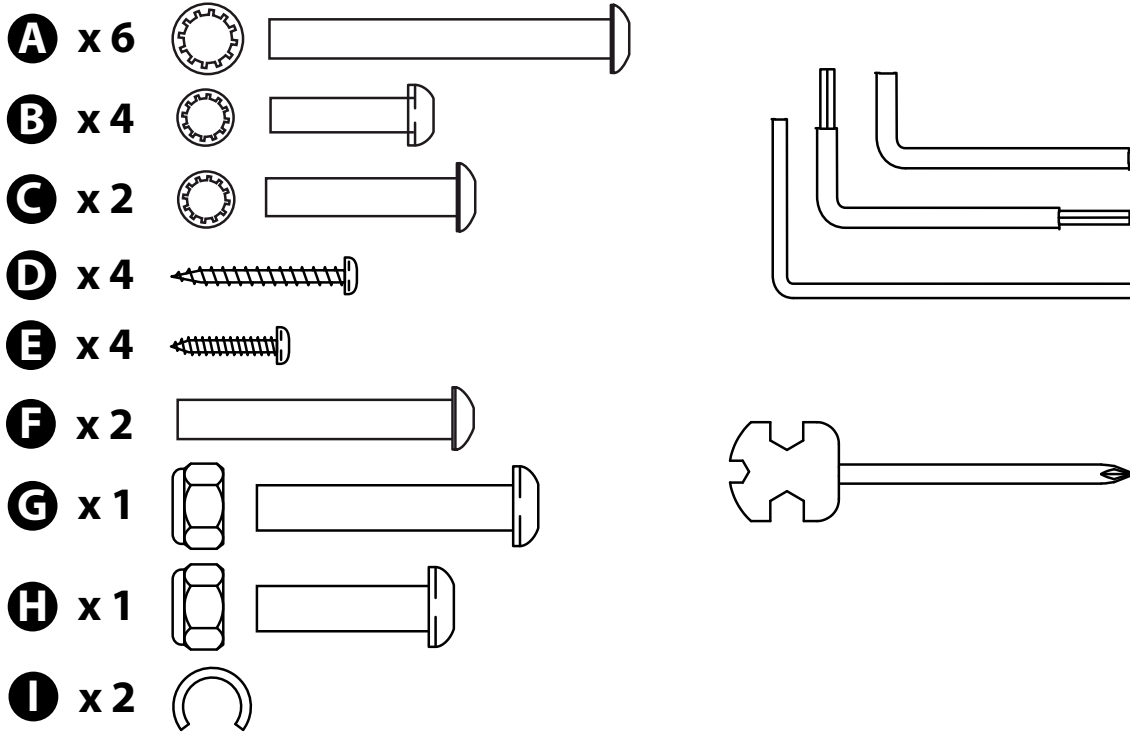
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 SEGURANÇA • BEZPIECZEŃSTWO • BIZTONSÁG • БЕЗОПАСНОСТЬ • SIGURANȚĂ •
 BEZPEČNOST' • BEZPEČNOST • SÄKERHET • БЕЛОПАСНОСТ • EMNİYET •
 SIGURNOST • VARNOST • AN TOÀN • 安全 • 安全 • 安全 • ความปลอดภัย • الأمان



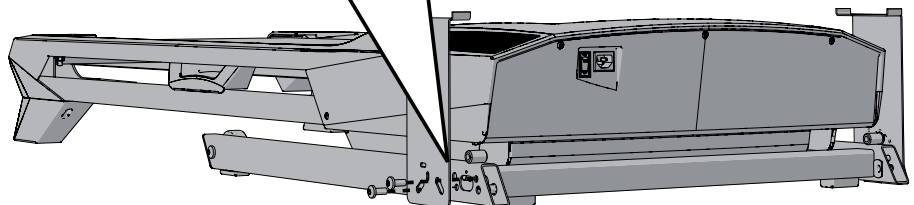
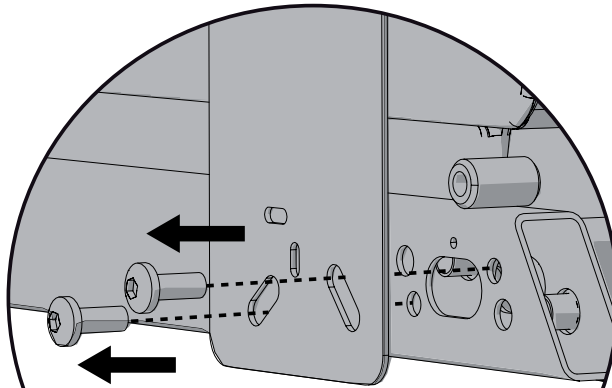
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 AFWERKING • MONTAGEM • MONTÁŽ • SZERELÉS • СБОРКА •
 MONTARE • MONTÁŽ • MONTÁŽ • MONTERING • МОНТИРАНЕ •
 MONTAJ • MONTAŽA • MONTAŽA • LÁP RÁP • 安装 • 組み立て •
 安装 • การประกอบ • التركيب



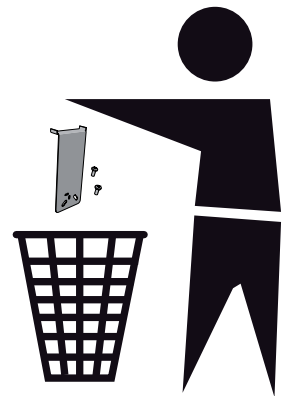
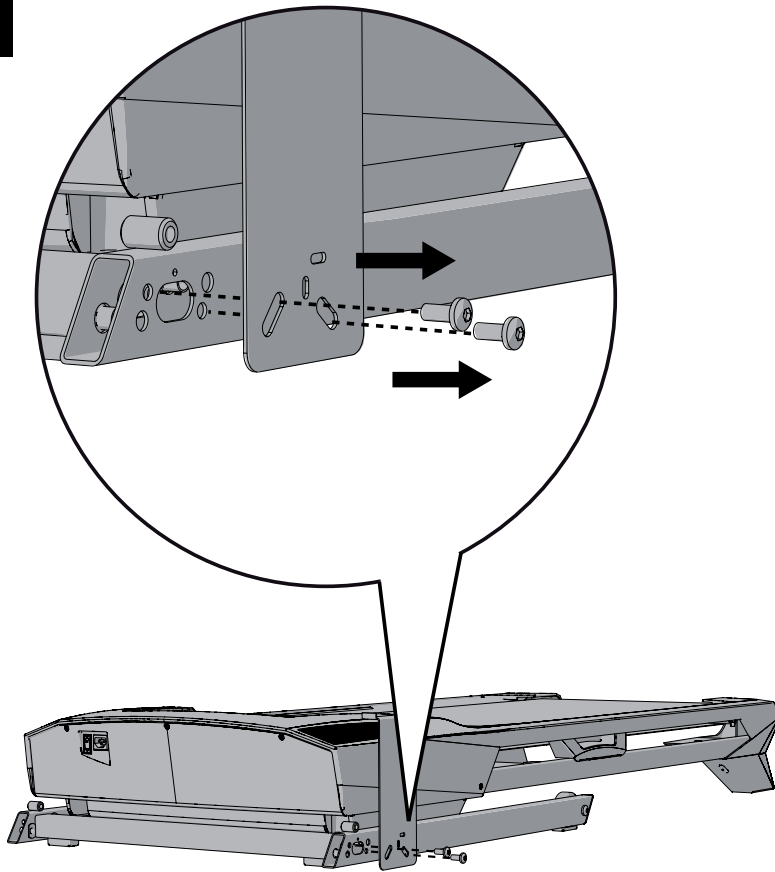
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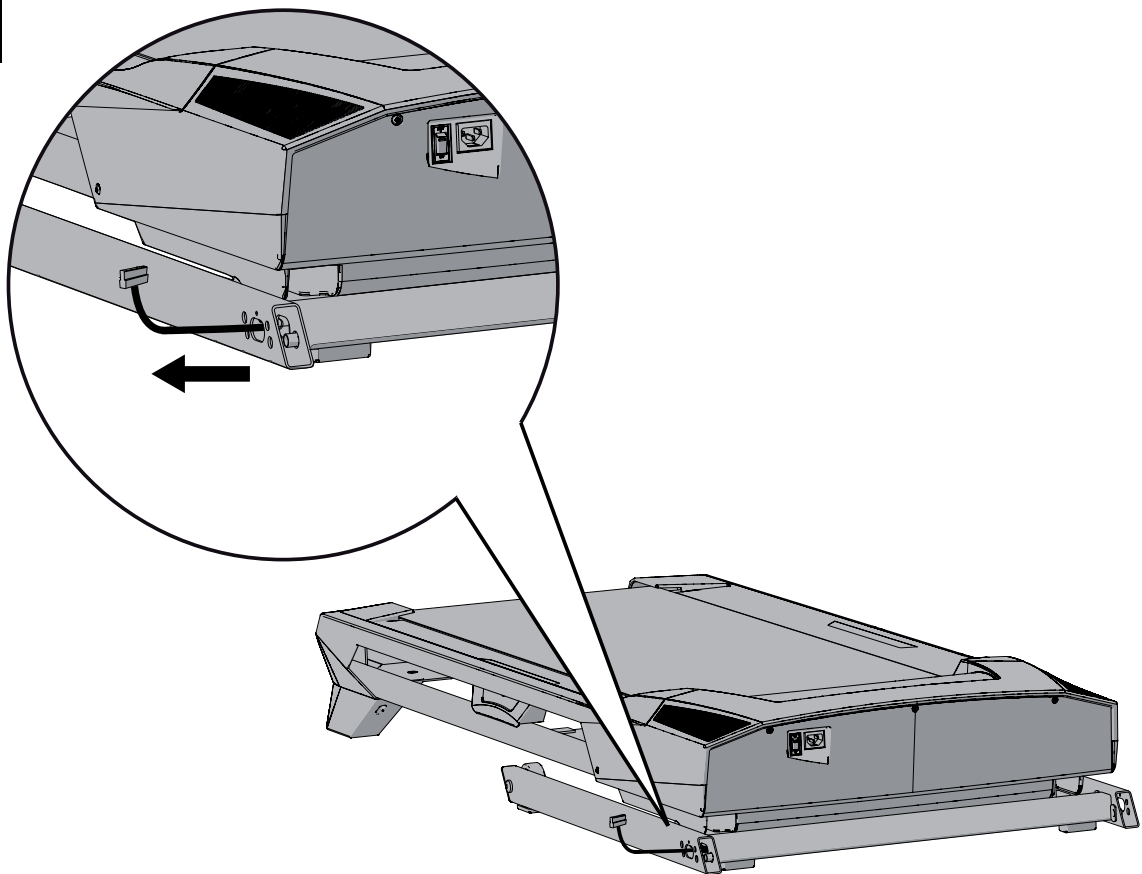
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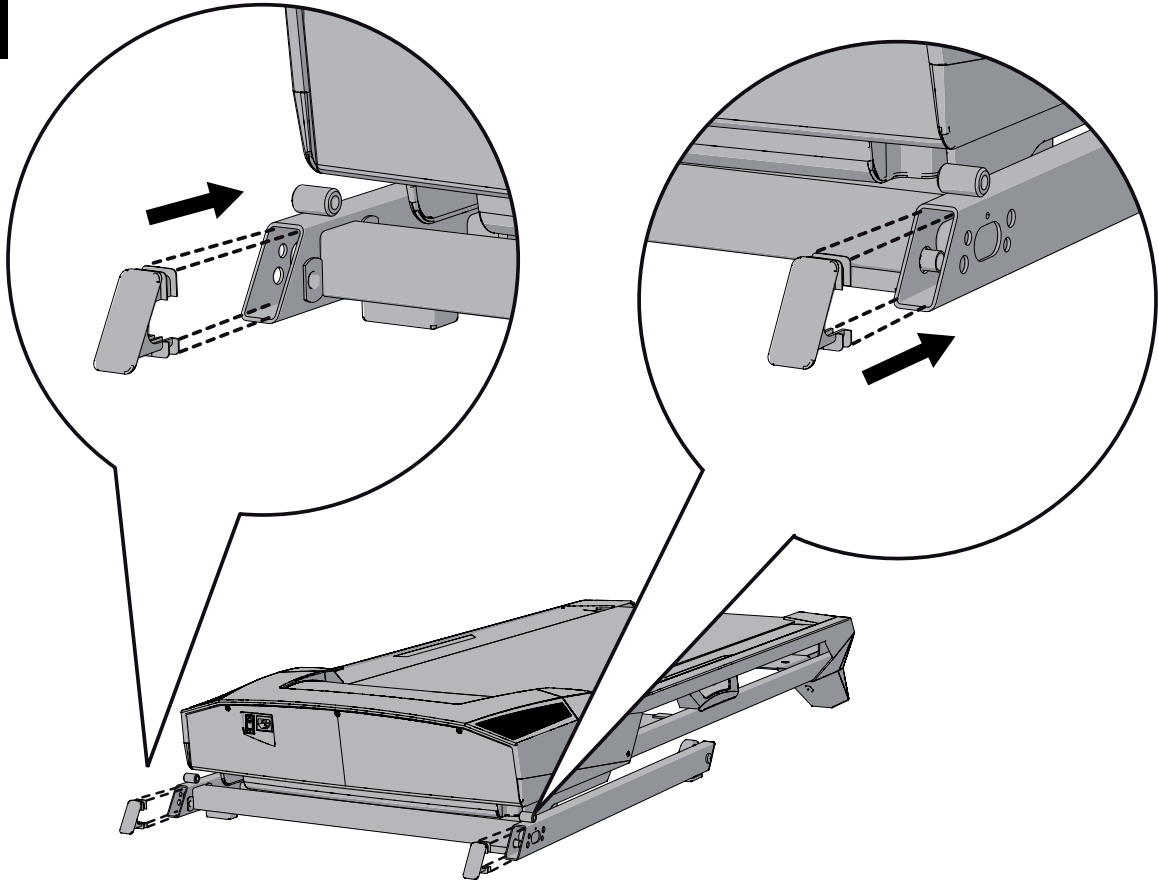
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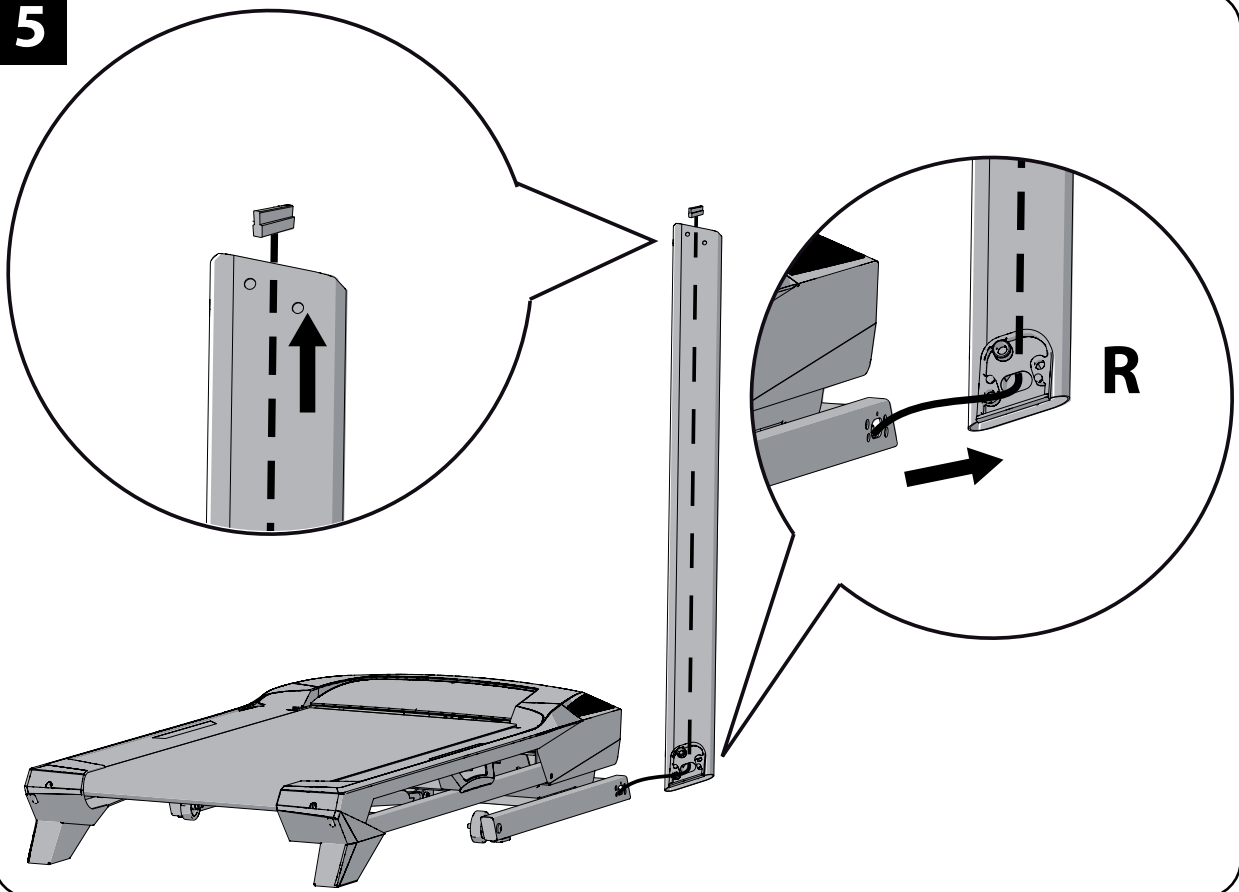
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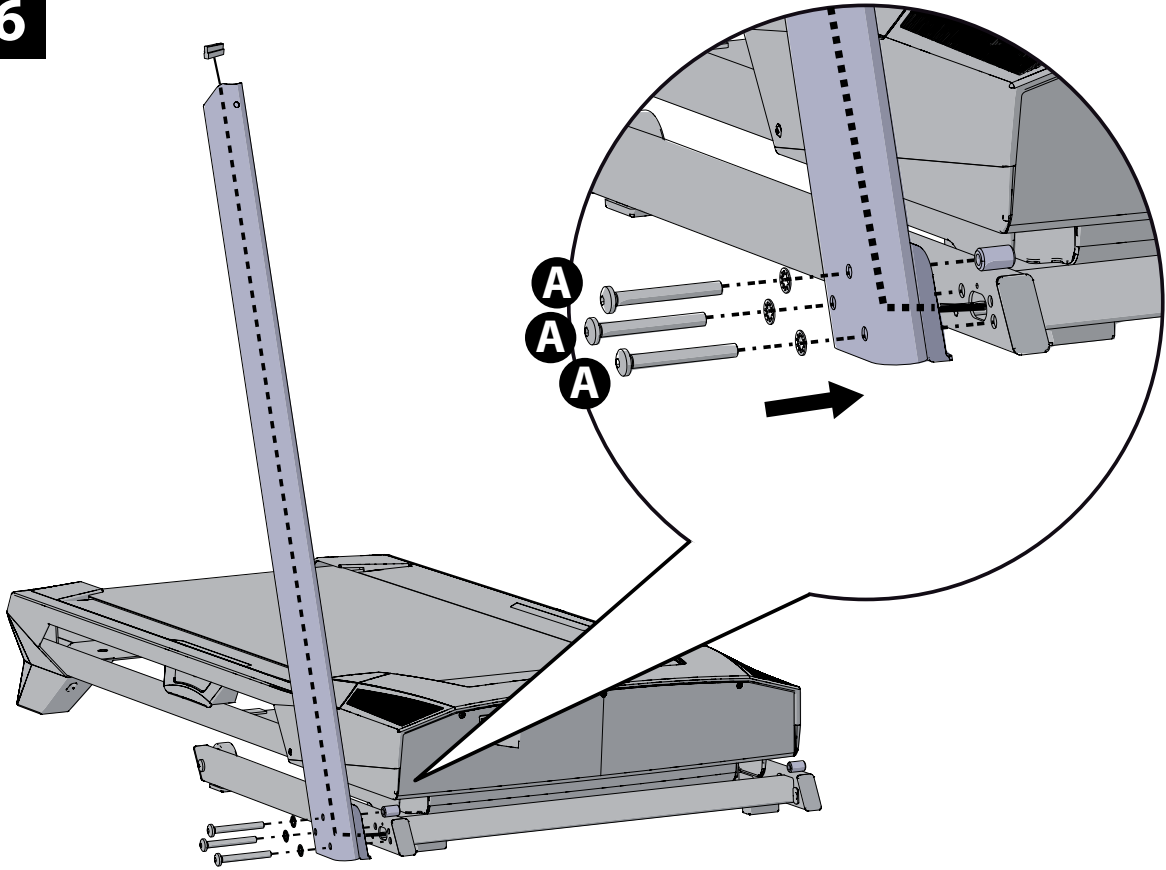
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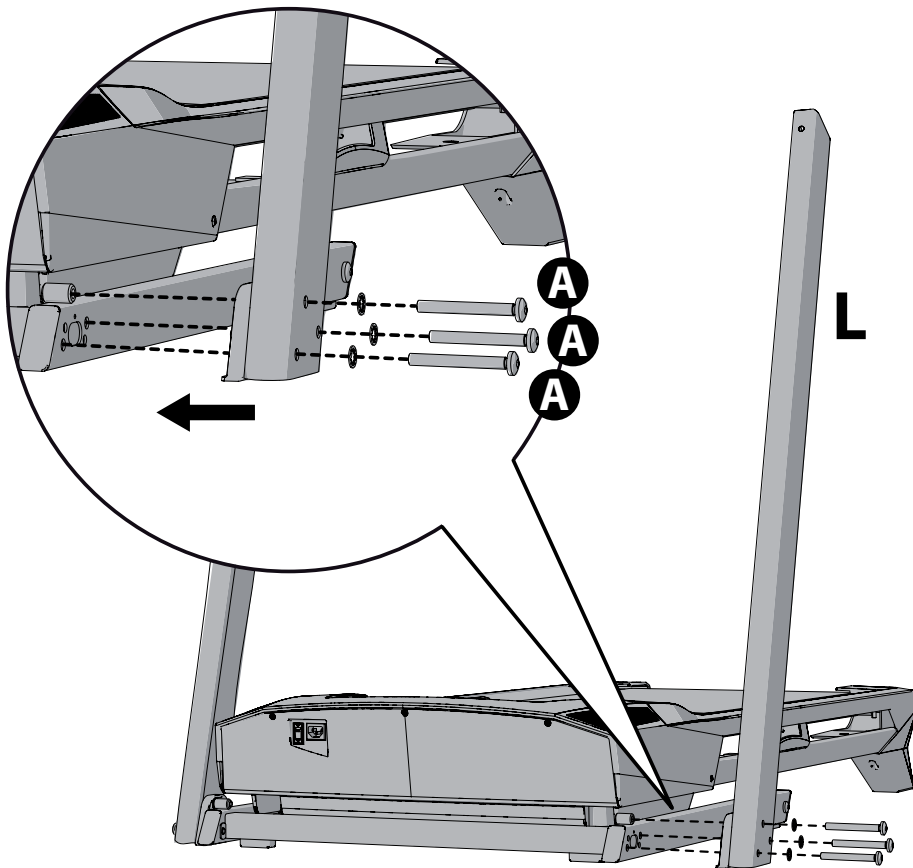
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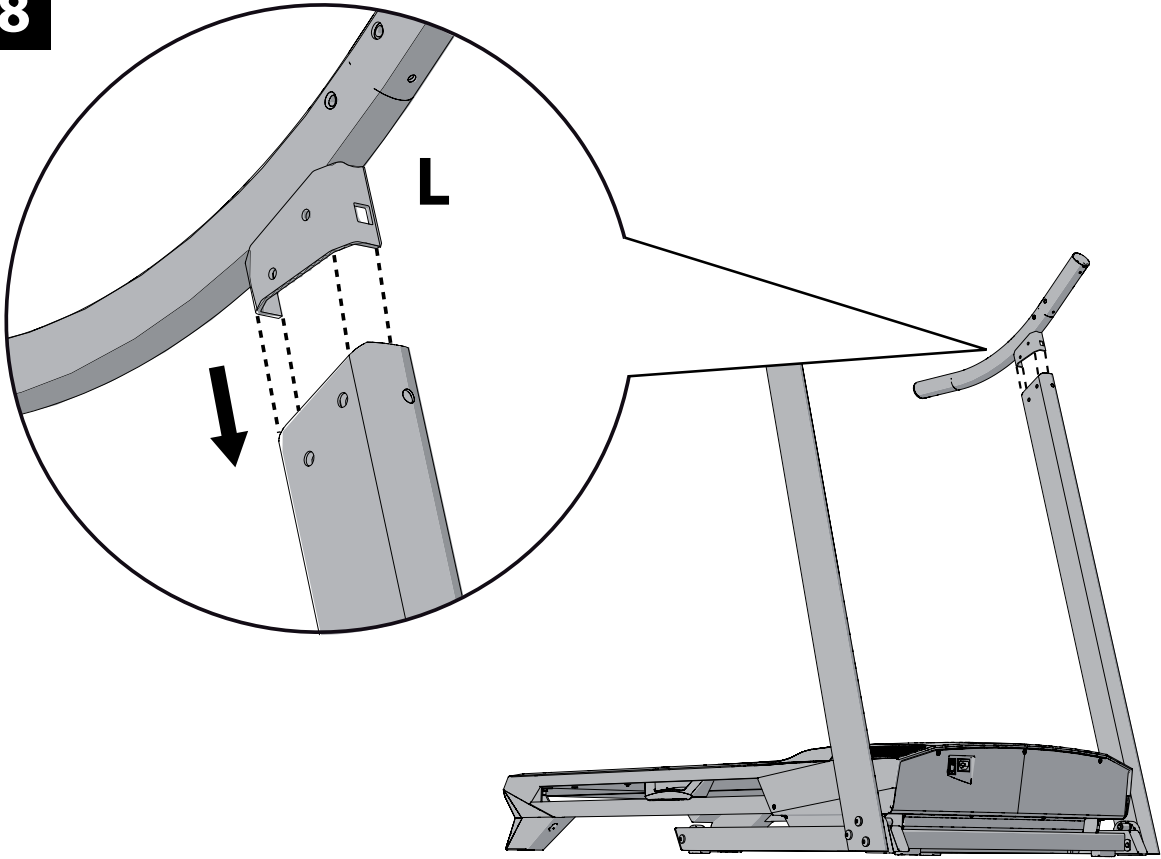
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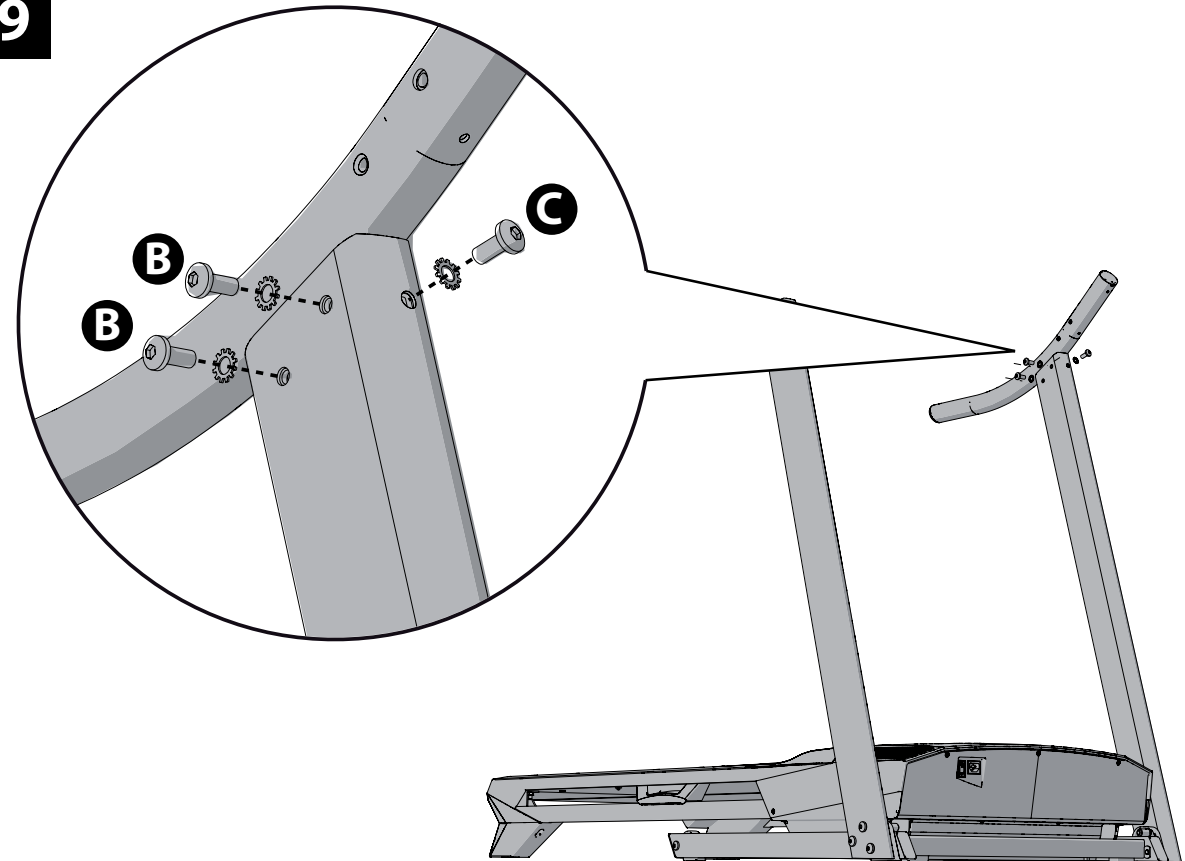
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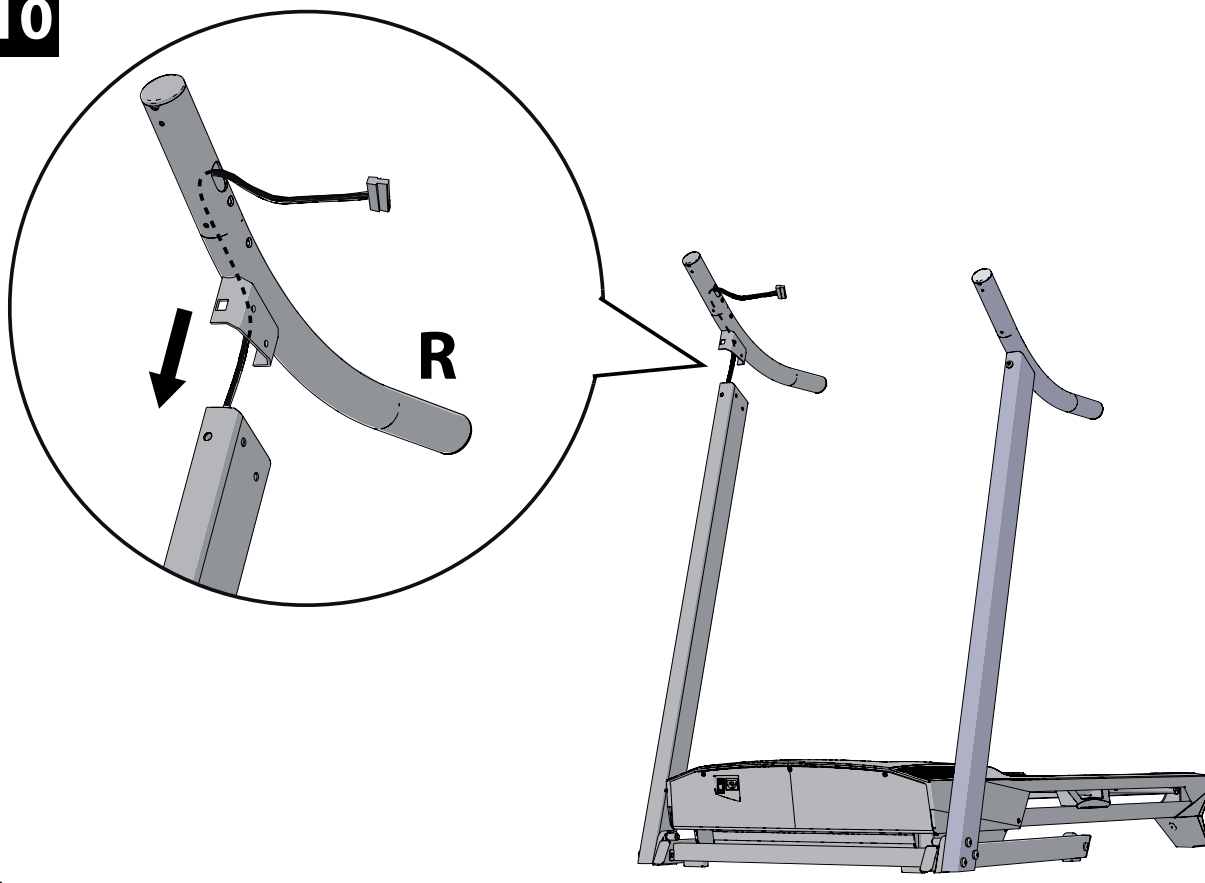
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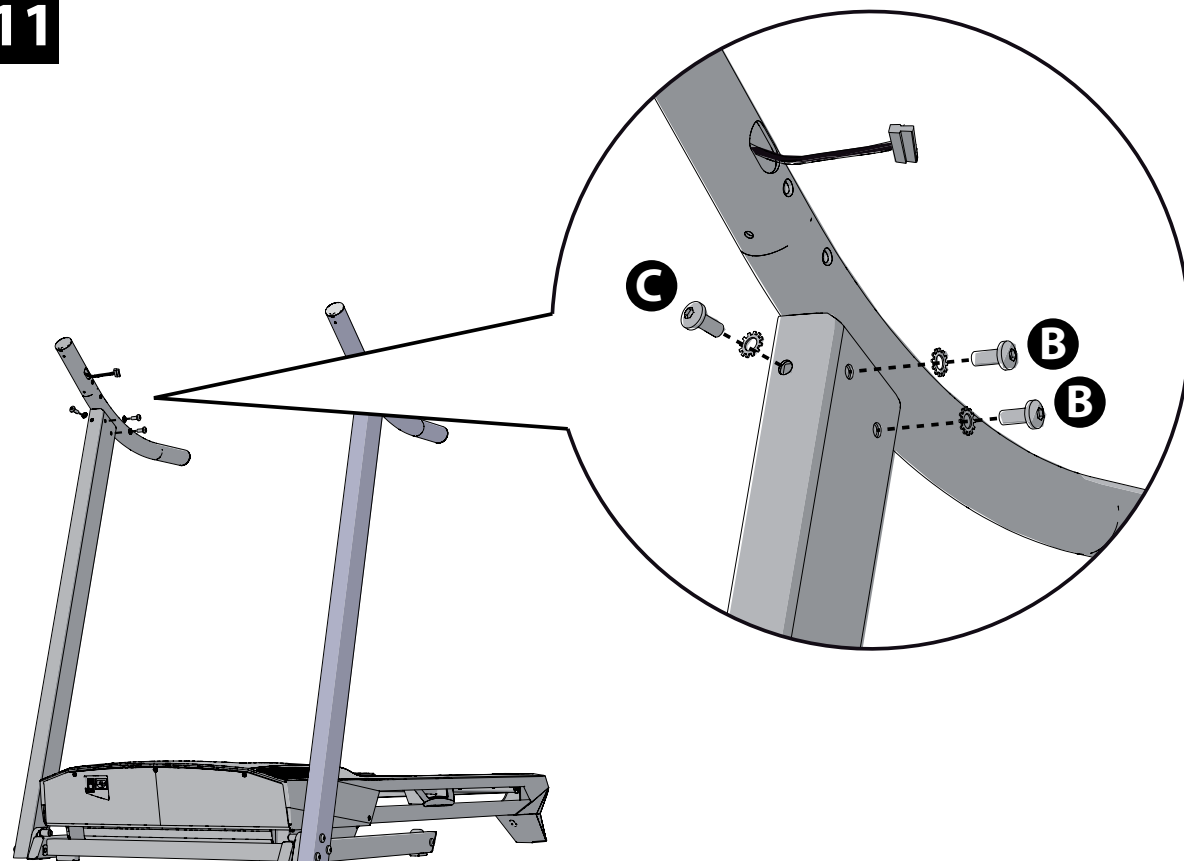
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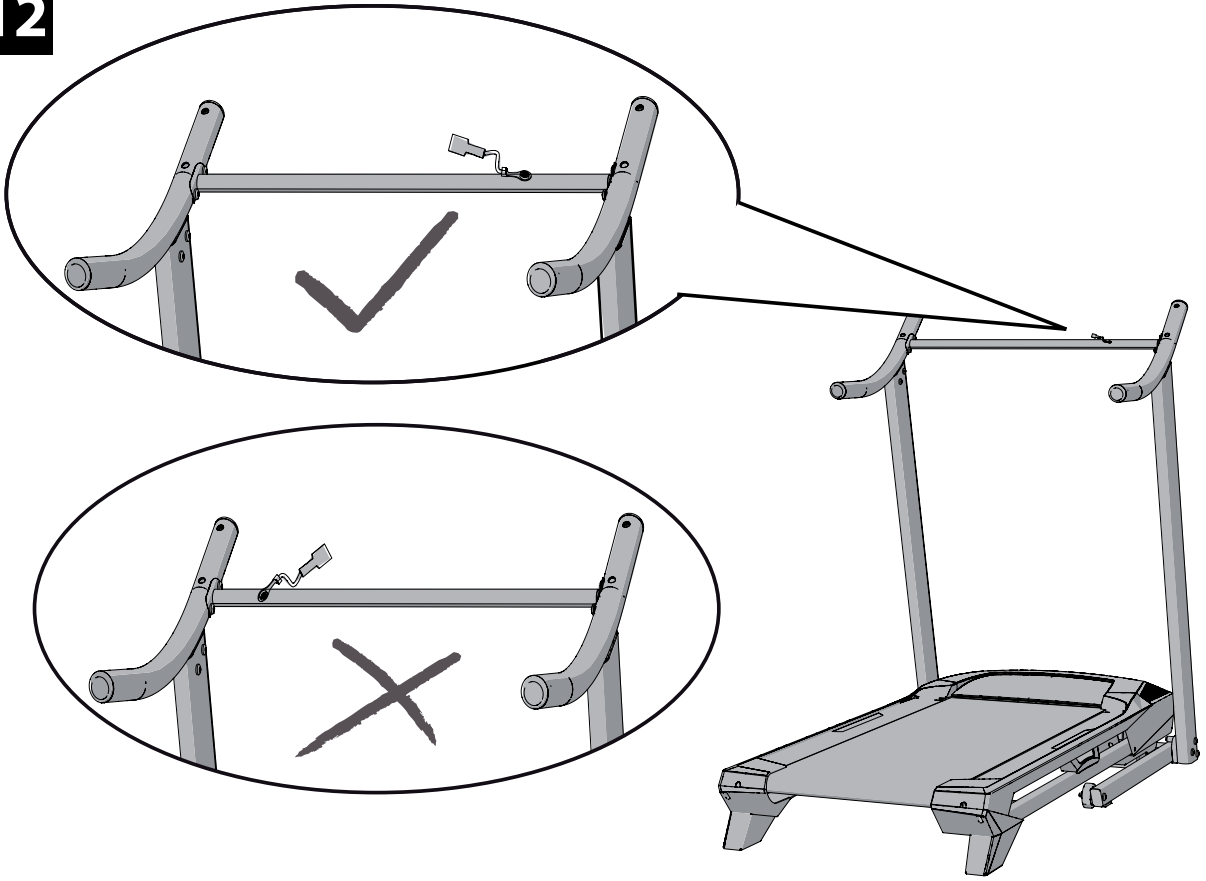
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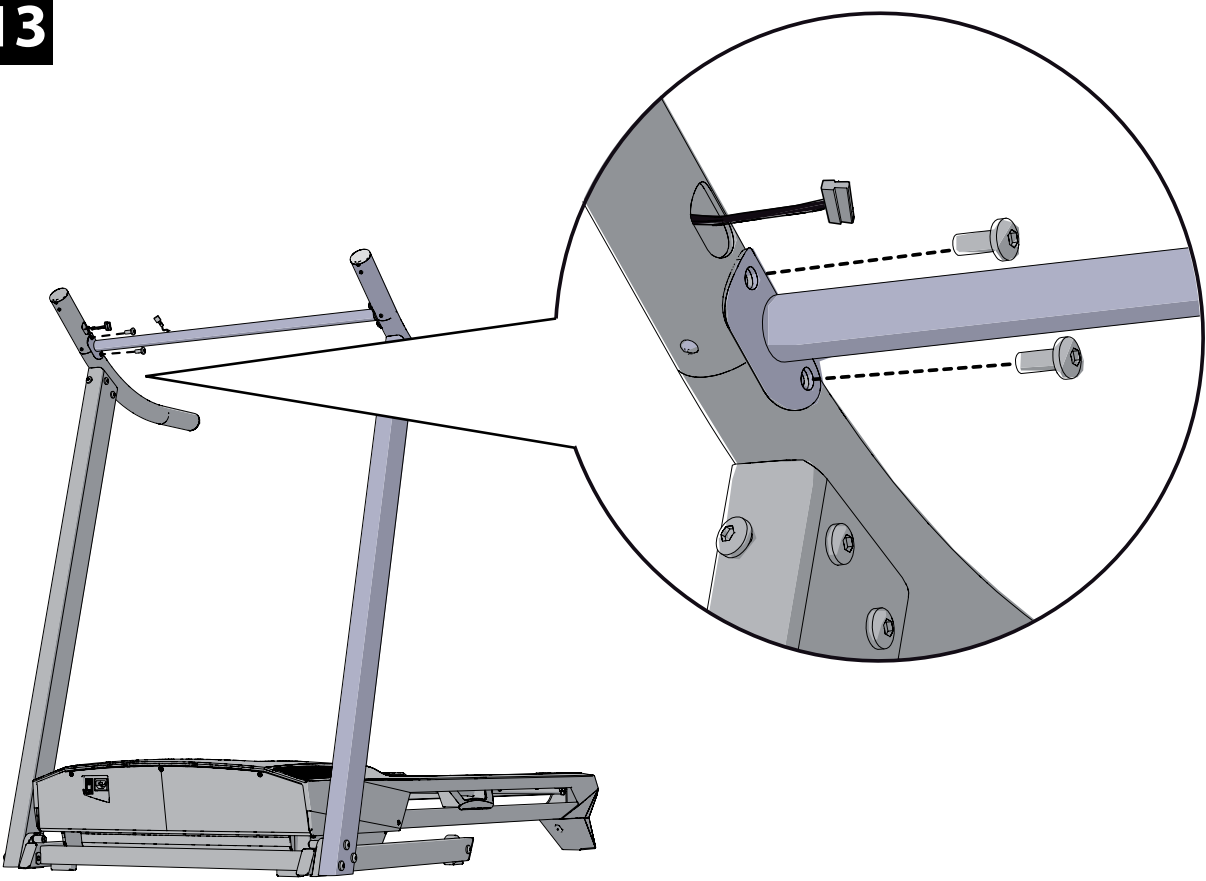
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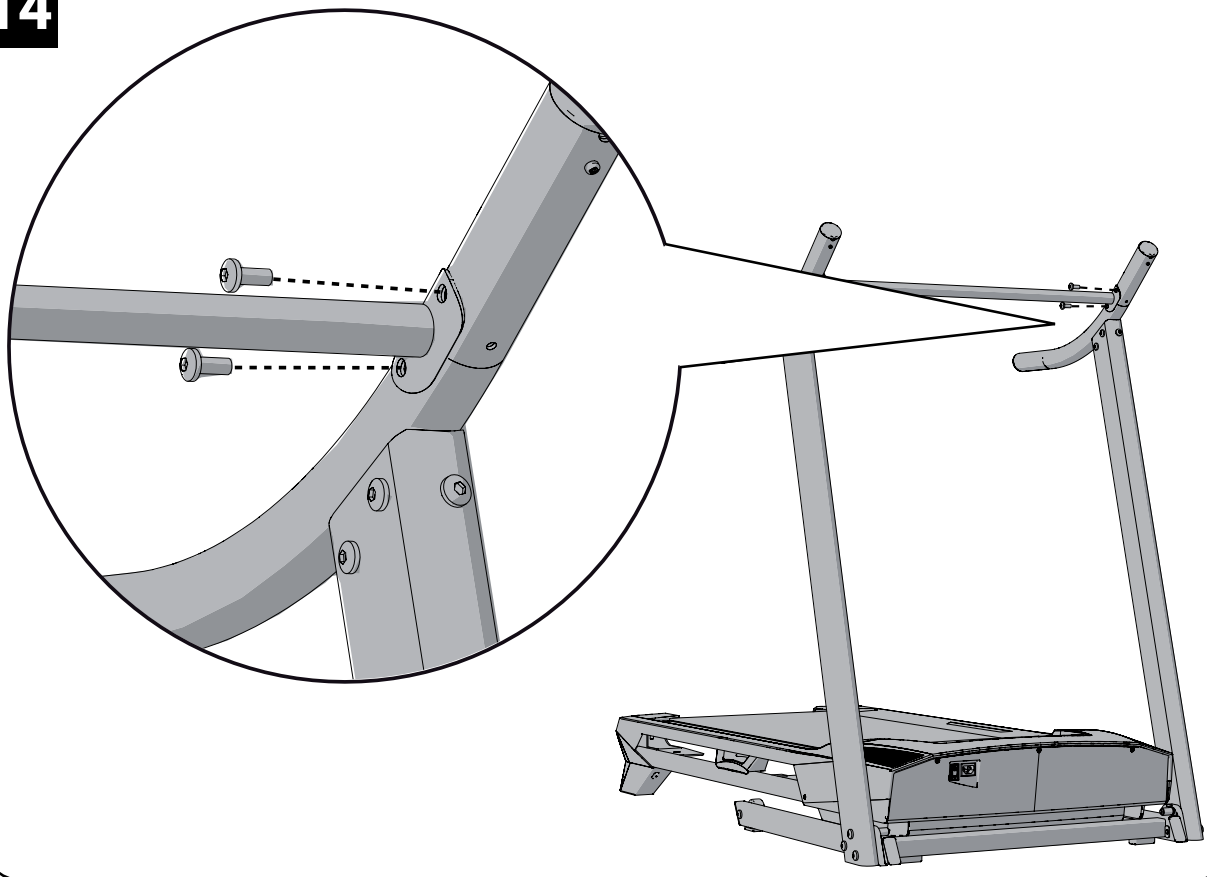
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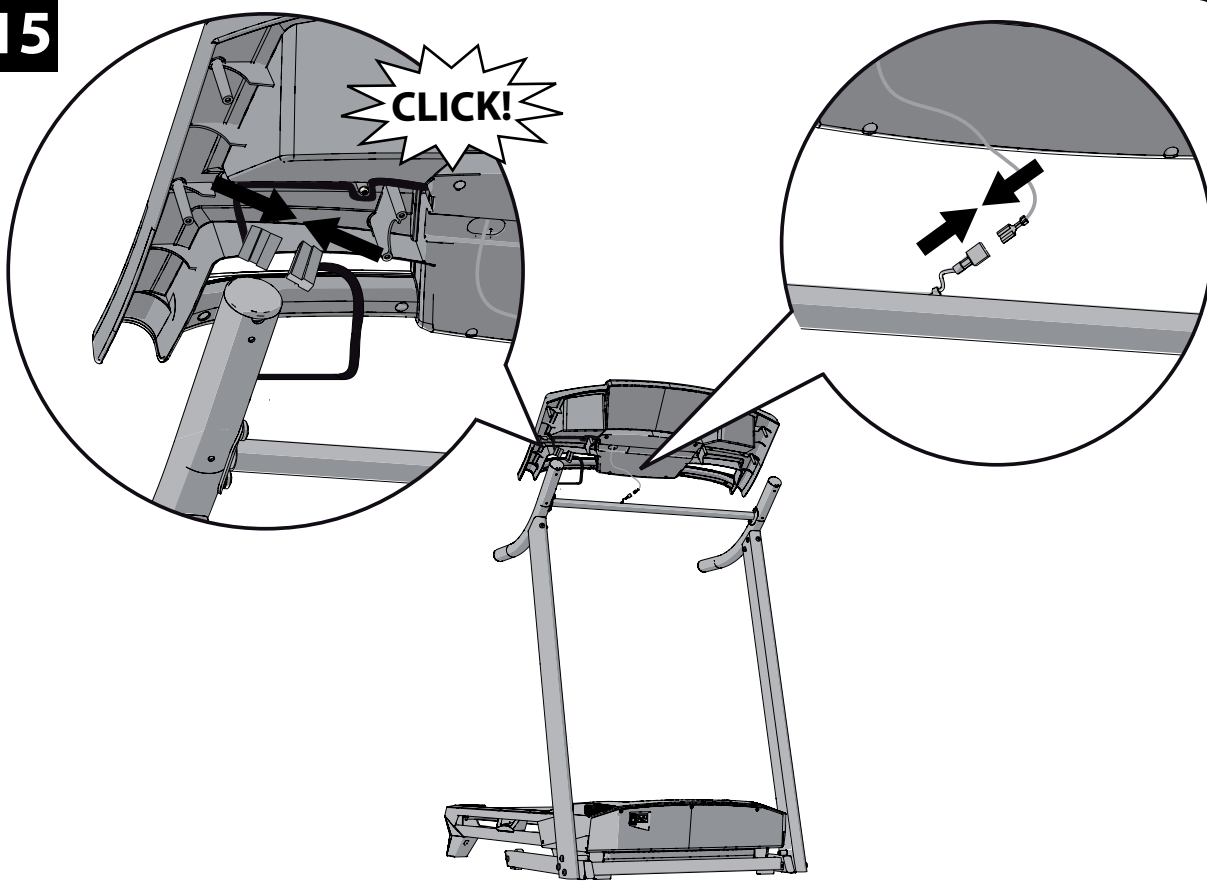
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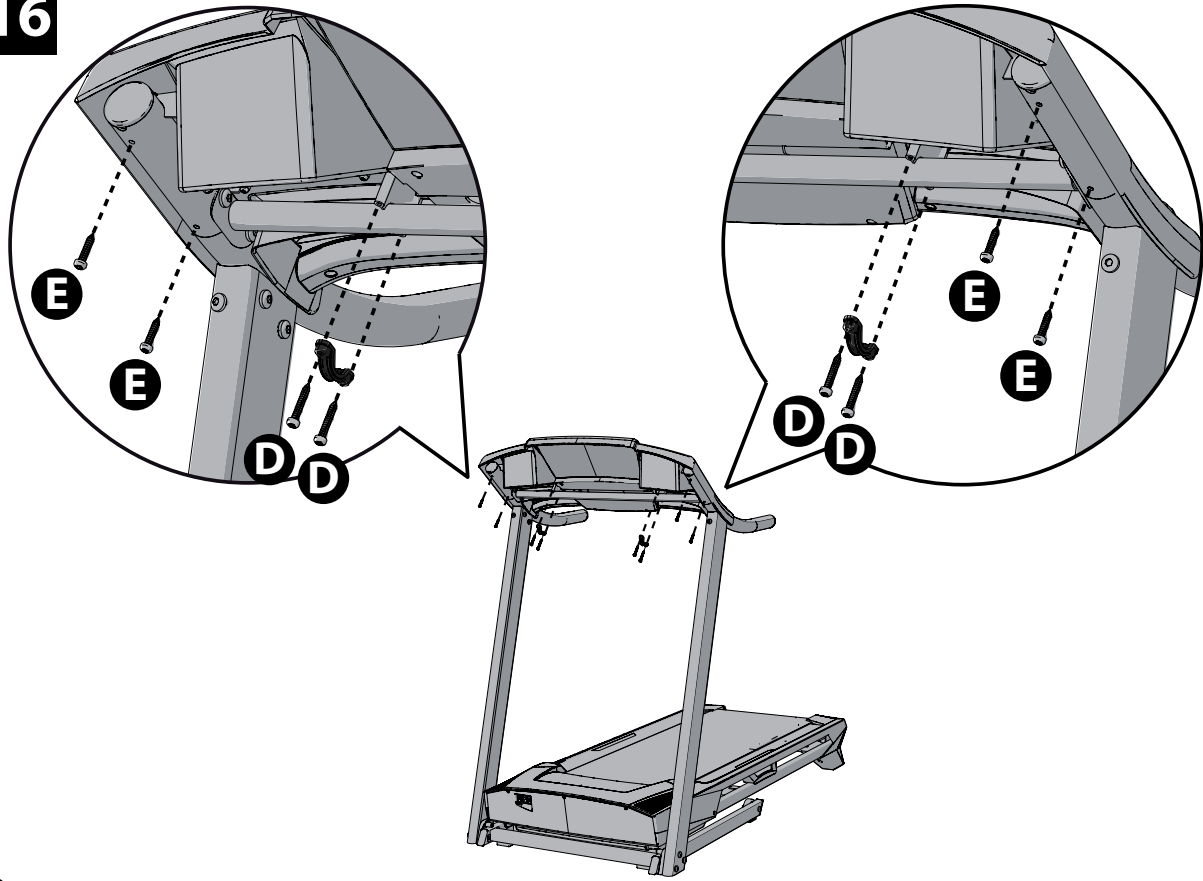
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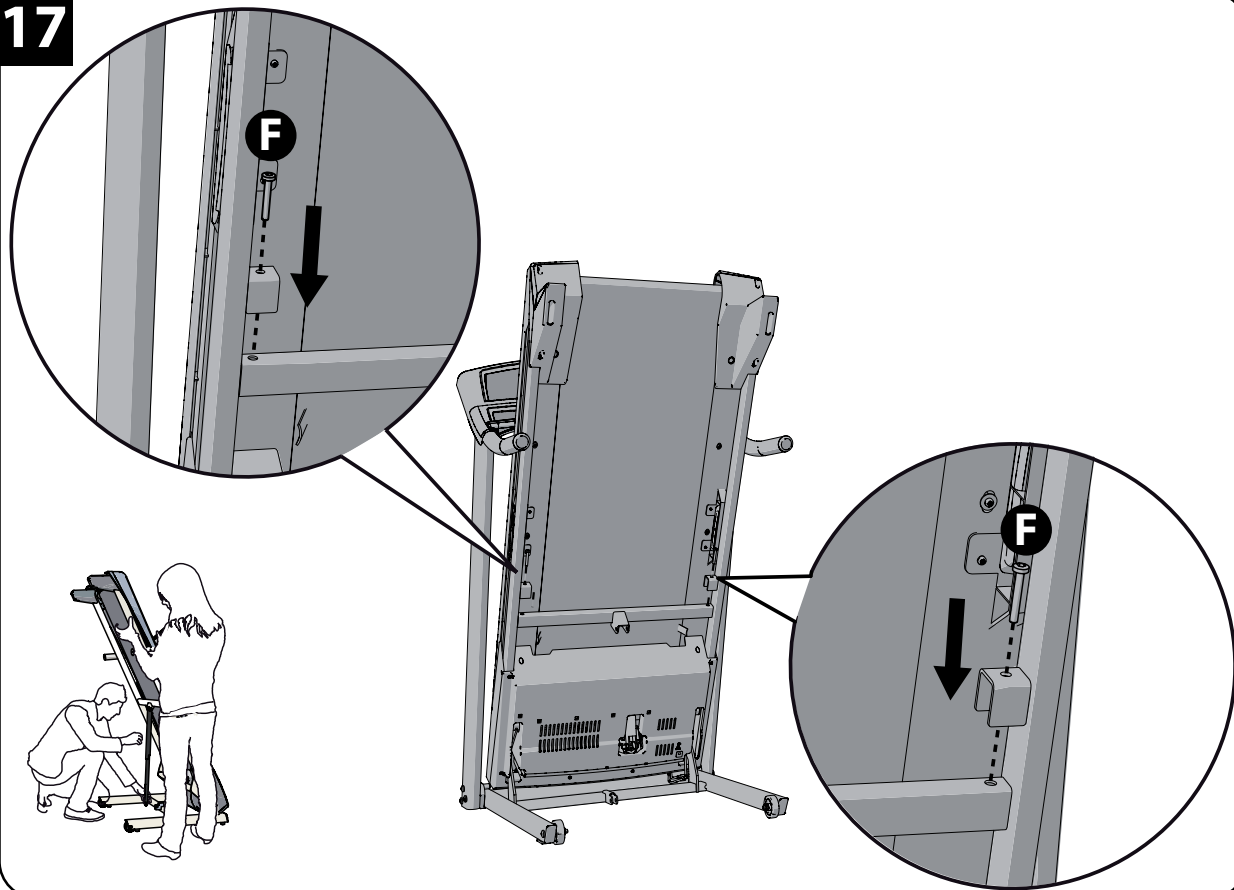
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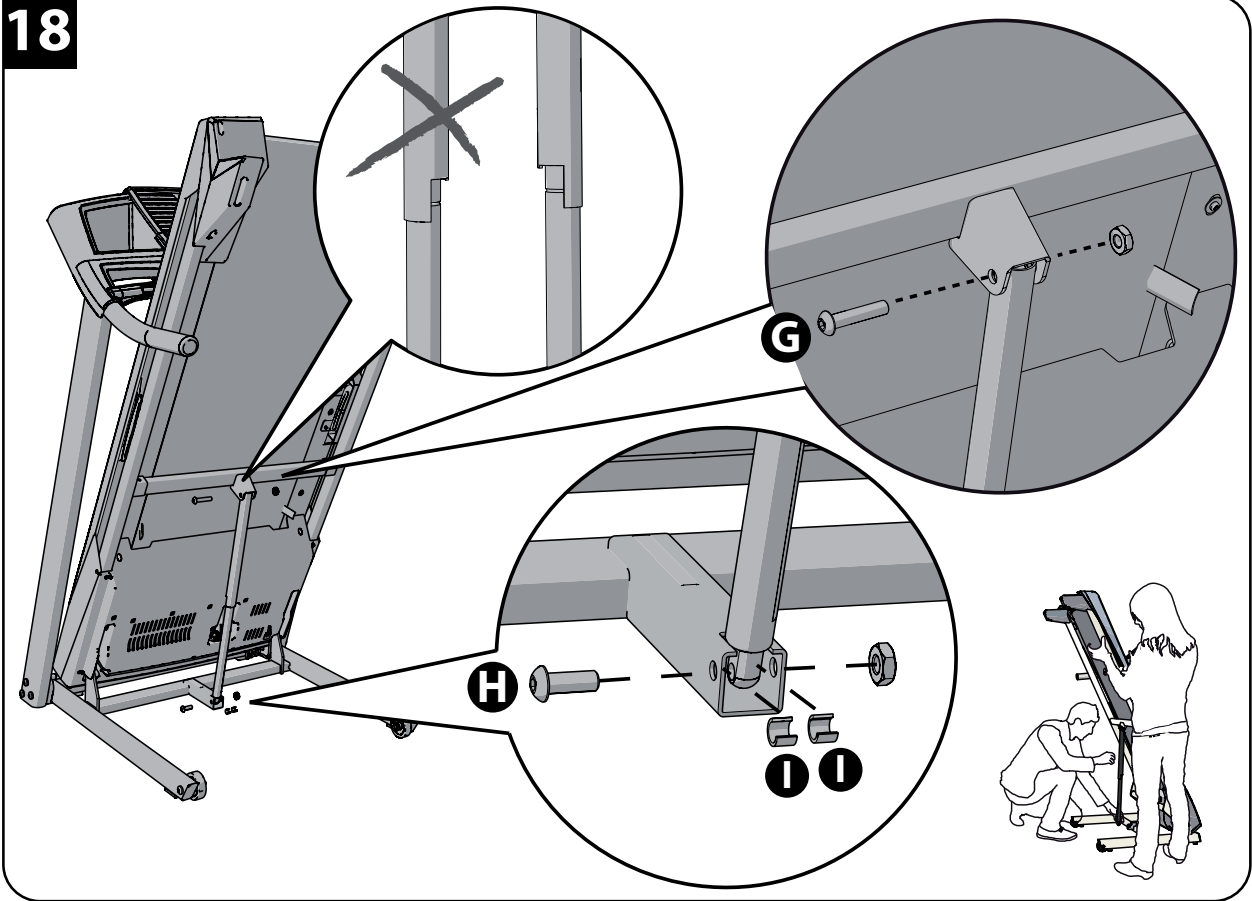
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17



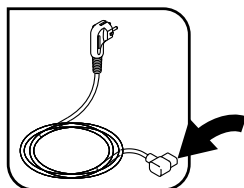
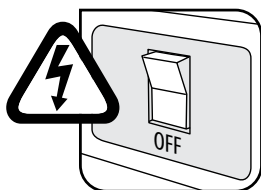
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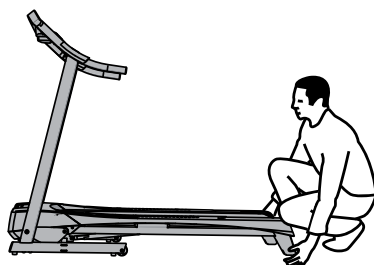
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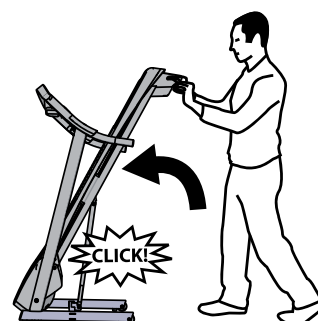
FOLDING • PLIAGE • PLEGADO • EINKLAPPEN • CHIUSURA • UITKLAPPEN • DOBRAGEM • SKŁADANIE • ÖSSZEHAJTÁS • СКЛАДЫВАНИЕ • PLIERE • SKLADANIE • SKLÁDÁNÍ • HOPFÄLLNING • СГЪВАНЕ • KATLAMA • SKLAPANJE • ZLAGANJE • GẤP LẠI • 折叠 • 折りたたみ • 折叠 • การพับ • الطي



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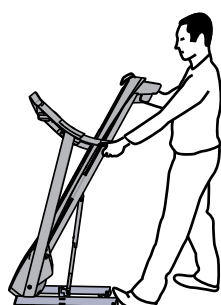


②



MOVING • DÉPLACEMENT • DESPLAZAMIENTO • TRANSPORT • SPOSTAMENTO • VERPLAATSEN • DESLOCAÇÃO • TRANSPORT • MOZGATÁS • ПЕРЕМЕЩЕНИЕ • DEPLASARE • PREMIESTNENIE • PŘEMÍSTĚNÍ • TRANSPORT • ПРЕМЕСТВАНЕ • НАРЕКЕТ ЕТМЕ • PREMJEŠTANJE • PREMIK • DI CHUYỂN • 移动 • 移動 • 移動 • การเคลื่อนย้าย • النقل

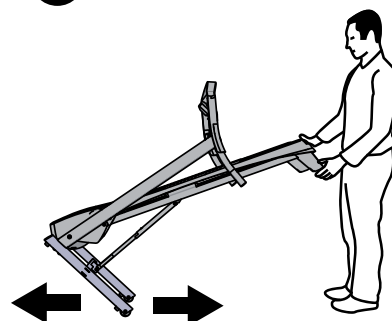
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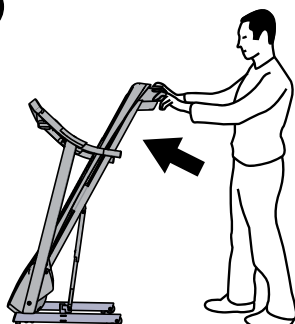


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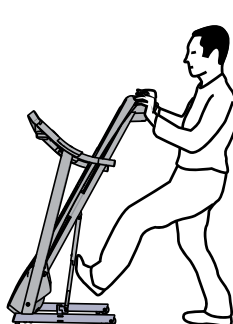


UNFOLDING • DÉPLIAGE • DESPLEGADO • AUSKLAPPEN • APERTURA • INKLAPPEN • DESDOBRAGEM • ROZKŁADANIE • KIHAJTÁS • РАСКЛАДЫВАНИЕ • DEPLIERE • ROZKLADANIE • ROZKLÁDÁNÍ • UPPFÄLLNING • РАЗГЪВАНЕ • AÇMA • RASKLAPANJE • ODPIRANJE • MỞ RA • 展开 • 展開 • 展開 • การคลี่ออก • الفرد

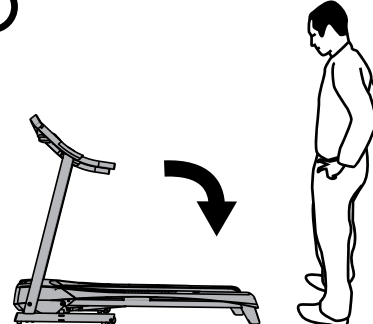
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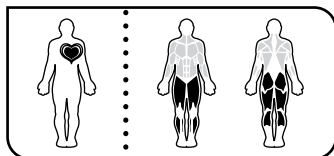


Thank you for choosing a DOMYOS product and for the trust this demonstrates.

Whether you are a beginner or a high level athlete, DOMYOS is there to help you stay fit or increase your fitness. Our teams are always pushing themselves to create the best possible products for you to use. However if you have any comments, suggestions or questions, you can voice them on our website: DOMYOS.COM. On the website you will also find training advice and support.

We wish you all the best for your training and hope that this DOMYOS product will meet all your needs.

■ PRESENTATION



The DOMYOS COMFORT RUN is designed for walking at a speed of 1 km/h upwards, for power walking and running at a speed of up to 16 km/h.

Using the tilting system up to 10% intensifies effort and burns more calories.

■ RECOMMENDATIONS FOR USE

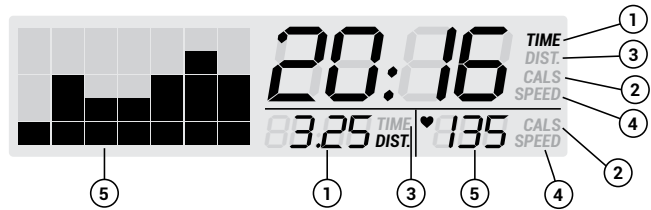
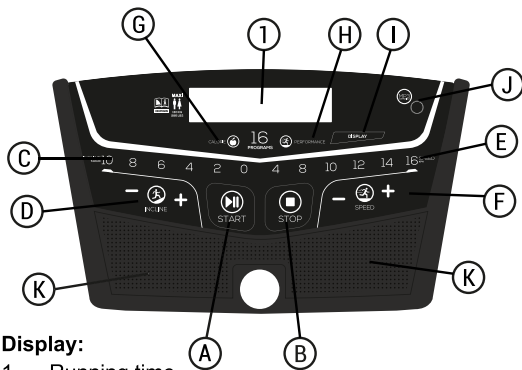
Read instructions carefully and keep for future reference.

1. Check your fitness level with your medical practitioner. This is especially important for persons over the age of 35 or persons with pre-existing health problems.
2. This equipment should not be used by persons (including children) with reduced physical, sensory or mental abilities or persons lacking the necessary experience or knowledge, unless they have received prior instruction on how to use the equipment or are under the supervision of a person responsible for their safety.
3. Domyos cannot be held liable for claims of injury or damage sustained by any person or property resulting from the use or misuse of this product by the purchaser or by any other person.
4. Your home's electrical supply must be in a good state of repair and comply with current standards. This machine should be used with a 220 volt/16 amp circuit (minimum). Ensure that no other piece of equipment shares the same circuit.
5. For your safety, your treadmill must be connected to a properly fitted plug with an earth connection that complies with currently applicable regulations. If in doubt, get a qualified electrician to check that the treadmill is properly installed. Do not modify the plug supplied with your treadmill in any way.
6. If you need an extension, only use one with an earth connector and a cable with three 2.5 mm² wires, that is no more than 1.5 metres long.
7. Never use this machine with a damaged electrical cable or plug or if it has been in contact with water.
8. Immediately after each use and prior to any cleaning, assembly or maintenance operation, turn off the master switch and disconnect the treadmill from the mains.
9. Never leave the treadmill plugged in without supervision.
10. Never remove motor hood. Adjustments and modifications other than those described in this manual must only be carried out by an authorised technician. Failure to follow these safety instructions may result in serious injuries, even death.
11. Keeps hands well away from all moving parts. Never place your hands or feet under the walking belt.
12. Replace any worn or faulty parts immediately.
13. Ensure that there is adequate air flow during your exercise session.
14. Wear sports shoes which are in good condition. To avoid damaging your apparatus, ensure that your shoes are free of any debris such as gravel or small stones.
15. Tie up your hair. Do not wear baggy clothing likely to get in your way when exercising. Take off all jewellery.
16. After exercising, wait for the treadmill to stop completely before getting off.
17. After use, remove the safety key from the console and store it in a place which is inaccessible to children.
18. Always stop the machine using the master switch.
19. Always position and store the power cable away from heavy traffic areas.
20. If you want to get off urgently, grab the support rails and place your feet on the foot rails.
21. To perform an emergency stop, remove the safety key.
22. Level of acoustic pressure measured 1 m from the surface of the machine and at a height of 1.6 m above the ground: 75 dBA (maximum speed). Noise emission under load is higher than without load
23. The underside of the belt will have been lubricated during manufacturing. During transportation, some lubricant may have been transferred onto the top of the belt and the cardboard. If there is any lubricant on top of the belt, clean the belt using a cloth and non-abrasive cleaning product.
24. This equipment is for household use only (class H).
25. If you experience dizziness, nausea, chest pain, or any other abnormal symptom, stop exercising immediately and consult a doctor.
26. The machine must be placed on a stable, flat, horizontal surface.
27. The customers are not allowed to open the fixed guards on front roller, under any circumstances
28. **WARNING!** The heart-rate monitoring systems may not always be precise. Over-exertion may lead to serious injuries or death. If you feel unwell, stop your workout immediately.

■ START-UP

1. Plug in the power cable.
2. Switch the circuit breaker, located near the power cable, to the RESET position.
3. Position yourself on the treadmill, with your feet on the foot rails.
4. Attach the safety key clip to your clothing.
5. Insert safety key into designated slot on the console.
6. Your screen will light up and the treadmill is ready to us

■ FUSING THE CONSOLE



Display:

1. Running time
2. Estimate of calories burned
3. Distance covered
4. Speed of workout
5. Heart rate
6. Phases of the program selected or representation of a running track for a distance of 400 m. As you walk or run on the treadmill, the indicators appear one after the other around the track until the entire track appears. The track then disappears and the indicators continue to appear one after the other.

Functions:

- A - "START/PAUSE" button: Starts the treadmill if it is stopped, and pauses the machine for taking a break.
- B - "STOP" button: Lets you stop exercising at any time.
- C - Direct access to 6 different predefined incline settings: Press the number of your choice to go directly to the desired incline setting.
- D - Allows the incline to be adjusted at any time from 0% to 10% in increments of 0.5%.
- E - Direct access to 6 predefined speeds: Press the number of your choice to go directly to the desired speed.
- F - Allows the user to adjust the speed from 1 km/h to 16 km/h at any time, in increments of 0.1 km/h (0.1 miles per hour).*
- G - Allows the user to select CALORIES programs 1 to 8.
- H - Allows the user to select PERFORMANCE programs 9 to 16.
- I - Allows the user to change the main display to show specific information (choice of: time, distance, speed, calories, heart rate).
- J - Audio jack for MP3 player.
- K - Speakers.

* Hold this down to see all the speeds in increments of 0.5 km/h (0.5 mph).

Programs:

The DOMYOS COMFORT RUN offers 16 pre-set programs that vary in speed and incline.

The programmes are divided into several segments. Each segment has a corresponding speed and incline setting. Please note that two successive segments can have the same settings. During your workout, the flashing segment shows the segment in use. The height of the segment represents speed.

8 CALORIES programs :

- Program 1 : 20 min – 200 kcal	Program 5 : 40 min – 400 kcal
- Program 2 : 20 min – 250 kcal	Program 6 : 40 min – 600 kcal
- Program 3 : 30 min – 300 kcal	Program 7 : 50 min – 650 kcal
- Program 4 : 30 min – 350 kcal	Program 8 : 60 min – 850 kcal

8 PERFORMANCE programs :

- Programme 9 : 20 min – Hill Climb 1	Programme 13 : 40 min – Hill Climb 2
- Programme 10 : 30 min – Sprint intervals	Programme 14 : 50 min – Speed Run
- Programme 11 : 30 min – Valley Run	Programme 15 : 60 min – 10K Run
- Programme 12 : 30 min – Trail Run	Programme 16 : 60 min – Endurance Run

Depending on your level of fitness, you can adjust the speed and/or incline of the treadmill at any time during the program. However, when a new segment of the workout begins, the treadmill returns to the default settings for the segment.

Selecting programs:

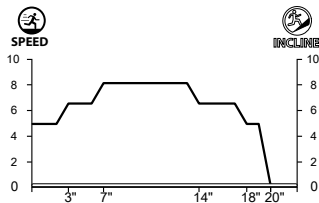
- CALORIES programs (1 to 8): Press the «CALORIE PROGRAM» button (E) until you find the desired program.
- PERFORMANCE programs (9 to 16): Press the «PERFORMANCE PROGRAM» button (F) until you find the desired program.
- Press the «START / PAUSE» button (A) to start the chosen program.
- Press the «START / PAUSE» button (A) to pause the program at any time.
- Press the «STOP» button (B) to stop the program at any time.

You can take your heart rate at the beginning and end of your workout by placing each of your palms on the pulse sensors. Your heart rate appears on the screen and will adjust after a few seconds. This measurement is indicative and is under no circumstances medically reliable.

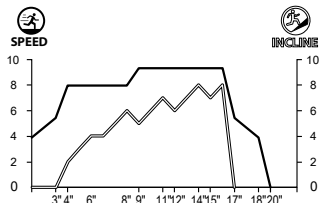
For more information on the profile of the programs, visit the Domyos after-sales service site.

CALORIES PROGRAMS :

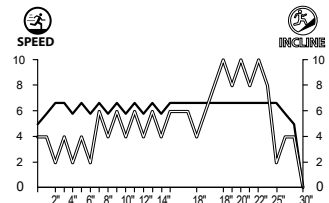
Program 1 : 20 min – 200 kcal



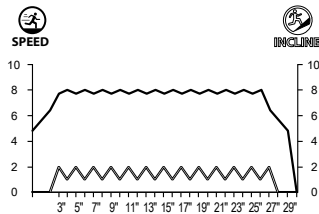
Program : 20 min – 250 kcal



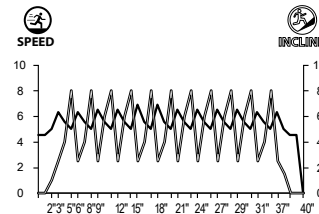
Program : 30 min – 300 kcal



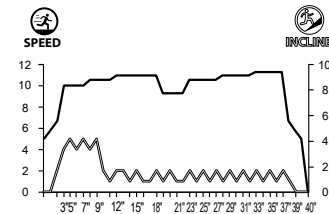
Program 4 : 30 min – 350 kcal



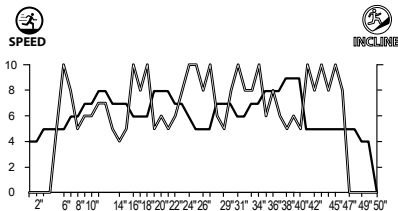
Program : 40 min – 400 kcal



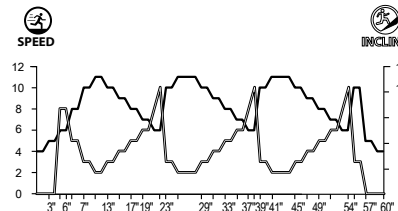
Program : 40 min – 600 kcal



Program : 50 min – 650 kcal

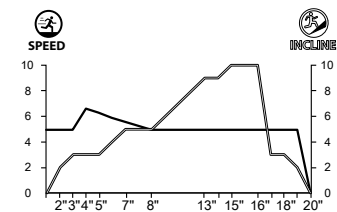


Program 8 : 60 min – 850 kcal

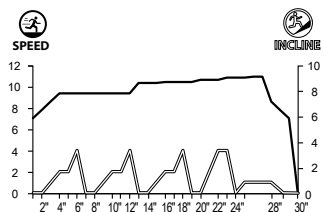


PERFORMANCE PROGRAMS :

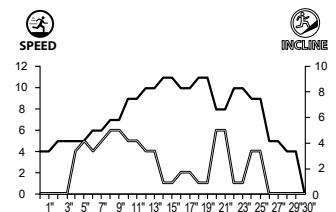
Program 9 : 20 min – Hill Climb 1



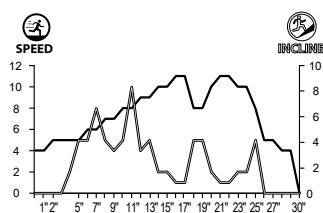
Program 10 : 30 min – Sprint intervals



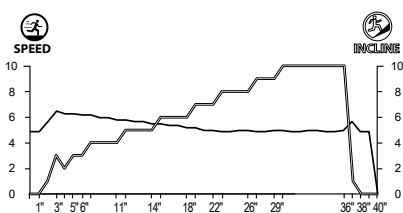
Program 11 : 30 min – Valley Run



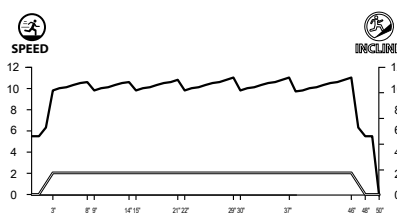
Program 12 : 30 min – Trail Run



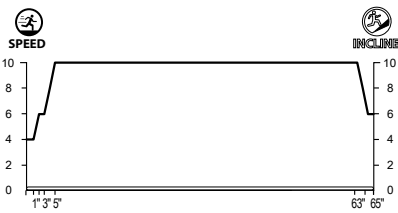
Program 13 : 40 min – Hill Climb 2



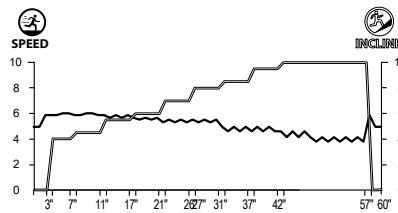
Program 14 : 50 min – Speed Run



Program 15 : 60 min- 1 0K Run



Program 16 : 60 min – Endurance Run



■ INFORMATION MODE

The console features an information mode that allows you to enable or disable the demo mode and choose between kilometres and miles for the unit of measurement. The information mode also keeps track of information regarding use of the treadmill.

To select the information mode:

- Press and hold the «STOP» button.
- Insert the safety key in the console then let go of the «STOP» button.

Demonstration mode:

The console includes a demo mode that is used when the treadmill is displayed in store. When demo mode is activated, and when the power cable is plugged in, the switch is in the reset position and the safety key is in the console, the console works normally. When you remove the safety key, the screens stay lit up but the buttons don't work. When the demo mode is activated, the left-hand screen shows a «d».

To enable or disable the demo mode, press the reduce speed button.

Choosing the unit of measurement for speed and distance:

The left-hand screen shows an «M» for kilometres or an «E» for miles.

To change the unit of measurement, press the increase speed button.

Instructions for using the treadmill:

For a few seconds, the right-hand screen displays the treadmill's total number of hours of use as well as the total number of kilometres or miles run by the treadmill. To exit information mode, remove the key from the console.

■ MAINTENANCE

Regular maintenance is necessary to maintain the performance of the machine and to extend the life of the product. Refer to the maintenance table at the end of the instructions.

Failure to comply with maintenance recommendations may result in premature wear, permanent damage and voiding of the guarantee.

If you have any questions, please contact your local DECATHLON store or visit our website, www.domyos.com.

The following can help reduce treadmill noise:

1. Tighten the screws and bolts once a month.
2. Lubricate the running belt after 200 hours of use. Process described below: "Lubrication of the running belt."
3. Place a suitable floor mat (such as the Domyos Training Mat) under your treadmill.

WEEKLY MAINTENANCE



Inspect and, if necessary, tighten all external parts of the treadmill.



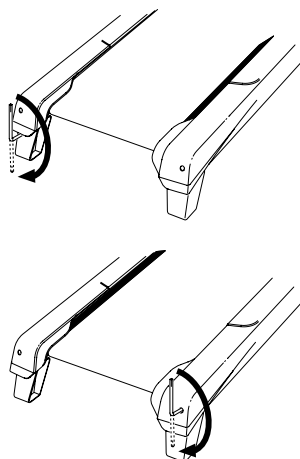
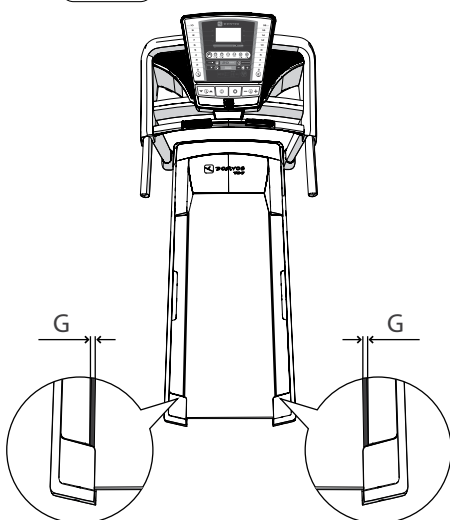
Cleaning:

- Switch off and then unplug the treadmill.
- Apply a small amount of mild, multi-purpose cleaner, using a 100% cotton cloth. Do not spray directly onto the walking belt and do not use acid or ammonia-based cleaning products.
- Wipe the console and screens.
- Remove any dust and grime from the hand rails, uprights, foot rails, frame and motor hood. In addition, wipe the deck along the sides of the walking belt. Do not wipe under the walking belt.



Adjusting the position of the walking belt (centring):

The space G between the walking belt and the foot rails must be visible at all times on both sides of the belt. This prevents damage to the walking belt and untimely stopping.



- Run your treadmill at 5 km/h (3 mph) and stand behind the machine.
- **The belt is skewed to the left:**
Turn the left adjusting screw clockwise half a turn.
- **The belt is skewed to the right:**
Turn the right adjusting screw clockwise half a turn.
- Let the treadmill run long enough for the belt to reposition itself (1-2 minutes) and repeat the procedure if necessary.
- This centring operation must only be made occasionally to avoid damaging your treadmill.

Adjusting the tension of the walking belt:

The walking belt is susceptible to wear and tear and can stretch over time. Re-tighten it as soon as it begins to slip (skidding feeling with sudden changes in speed).

- Turn both adjusting screws by half a turn clockwise.
- Repeat procedure if necessary but make sure that the belt is not too tight. The belt is correctly tightened if you can lift the edges by 2 to 3 centimetres on each side.

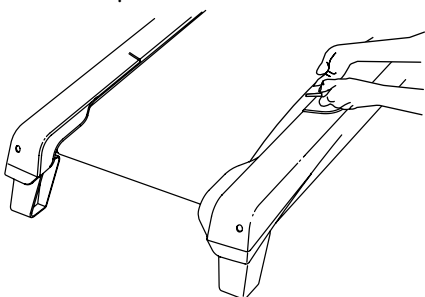
MAINTENANCE EVERY 200 HOURS OF USE OR EVERY 1500 KM

To find out the duration of use and the distance travelled since the treadmill was started up, refer to the INFORMATION MODE section.



Lubricating the treadmill belt:

It is important to lubricate your treadmill in order to reduce friction between the walking belt and the deck. If you note traces of silicone on the inner surface of the walking belt (damp, wet and slightly greasy surface), there is no need to lubricate.



If the belt and deck are dry:

- Switch off treadmill and unplug.
- Lift the edges of the walking belt and coat the inner surface with silicone.*
- Plug in treadmill.
- Before using, run the walking belt at 4km/h (2.5 mph) for 10-20 seconds.
- Your treadmill is now ready to use!

* One lube application usually requires between 5 and 10 ml of silicone. Warning: a surfeit of silicone can adversely affect the functioning of your treadmill (risk of slipping).

To purchase belt lube, please contact your local DECATHLON store.

■ DIAGNOSING ERRORS

The treadmill doesn't switch on:

1. Check that the power cable is plugged into a functioning wall socket (to check if the wall socket is working, plug in a lamp or other electrical device).
2. Check that the other end of the power cord is connected to your treadmill.
3. Check that the main switch near the power cord is set to ON.
4. Check that the safety key is pushed fully home in the console.

The treadmill switches off when in use:

- The treadmill is programmed to stop after 100 minutes of use. Press the on/off button to reset and restart the treadmill
- Check the circuit breaker, located near the power cable. If it is in the OFF position, wait 5 minutes, then switch to the RESET position.
- Check that the power cable is plugged in.
- Remove key from console. Reinsert key into console.

If the problem persists, contact the after-sales service team (see last page of instructions).

The console screen remains on when you remove key from console:

- The treadmill is programmed to stop after 100 minutes of use. Press the on/off button to reset and restart the treadmill
- Check that the electric power supply has not tripped.
- If you are using an extension, make sure that it follows the above recommendations.
- Remove the key from the console. Put the key back into the console.

The belt slows down when you walk on it:

- If you need to use an extension cable, you must only use a cord with 3 x 1 mm² conductors (size 14), which is no longer than 1.5 m (5 ft) in length.
- If the walking belt is over-tightened, your treadmill performance may be adversely affected and the walking belt may become damaged. To adjust the tension of the belt, refer to the paragraph entitled MAINTENANCE.

If the problem persists, contact the after-sales service team (see last page of instructions).

The running mat slows down or judders:

- Check the tautness of the mat by referring to the MAINTENANCE paragraph

The incline system does not function properly:

Recalibrate incline system:

1. Change the incline by pressing one of the incline adjusting buttons.
2. During the recalibration process, remove the safety key from console then unplug treadmill.
3. Wait a few seconds then plug in treadmill once again and insert safety key into console.

The treadmill will automatically rise to the maximum incline level then return to the minimum level.

The treadmill makes a noise:

When you switch it on, the engine starts and/or the console flashes, but nothing happens:

If the treadmill was switched off during the incline phase, it will automatically recalibrate when the treadmill is switched on. When this happens, there is a noise from the motor although no belt movement. The treadmill will automatically rise to the maximum incline level then return to the minimum level. Wait until the treadmill has finished recalibrating and then continue as usual.

Rubbing noise:

- Check that the running mat is properly centred (the mat must not rub against the sides)
- Check that the running mat is properly positioned (it must not slip)

Noise from the structure (creaking):

- Check, and if necessary, tighten all the external parts of the running mat.
- Structure-borne noise (grinding):
- Check and, if necessary, tighten all external parts of the treadmill

If the problem is still not solved, contact customer service (see the last page of the user manual)

■ USE

If you are a beginner, start by training for several days at a gentle pace; don't push yourself and rest if necessary. Gradually increase the frequency and duration of sessions. Ensure the room in which you are exercising is well ventilated.



Stretching/warming up: Gentle effort for a minimum of 10 minutes

To maintain fitness or for rehabilitation, train every day for at least 10 minutes. This type of exercise provides a good, gentle work-out for muscles and joints and can be used as a warm-up activity before more intense physical exercise.

To develop muscle tone in the legs, choose a steeper incline and increase the duration of the exercise.



Aerobic exercise for weight loss: Moderate effort for 35 to 60 minutes

This type of training is an effective way of burning calories. There is no point in pushing yourself unduly; for the best results the most important thing is frequency of exercise (at least 3 times a week) and the duration of the session (35 to 60 minutes). Exercise at average intensity (moderate effort so you are not out of breath).

In order to lose weight, as well as taking regular physical exercise, it's essential to follow a balanced diet.



Aerobic training for endurance: Sustained effort for 20 to 40 minutes

This type of exercise helps strengthen the heart muscle and improves your respiratory health. Exercise at least 3 times a week at a steady pace (rapid breathing). As your training progresses, you will be able to maintain this effort for longer, and at an improved pace.

Training at a faster pace (anaerobic and in the red zone) is reserved for athletes and requires special preparation.

Cool down

After each training session, walk slowly for a few minutes to bring your body gradually to rest. This cool down phase helps your cardiovascular and respiratory systems, blood circulation and muscles return to normal. It also helps to eliminate side effects such as the accumulation of lactic acid which is one of the major causes of muscle pain (cramps and stiffness).

Stretching

Stretching exercises reduce muscular stiffness due to the accumulation of lactic acids and stimulate blood circulation.

Go to www.domyos.com for more advice on stretching exercises

■ COMMERCIAL GUARANTEE

DOMYOS guarantees this product in normal conditions of use, 5 years for the structure and 2 years for other parts and labour, from the date of purchase, the date on the receipt is binding.

DOMYOS'S obligation with regards to this guarantee is limited to the replacement or repair of the product, at the discretion of DOMYOS.



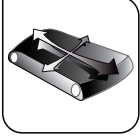

This guarantee doesn't apply in cases of:




- Damage caused during transportation
- Use and/or storage outside in a damp environment (excluding trampolines)
- Poor assembly
- Misuse or abnormal use
- Poor maintenance
- Repairs made by technicians not approved by DOMYOS
- Use in excess of 5 hours per week

This guarantee does not cancel the legal guarantee applicable in the country of purchase.

To take advantage of your product's guarantee, consult the last page of the user's guide.

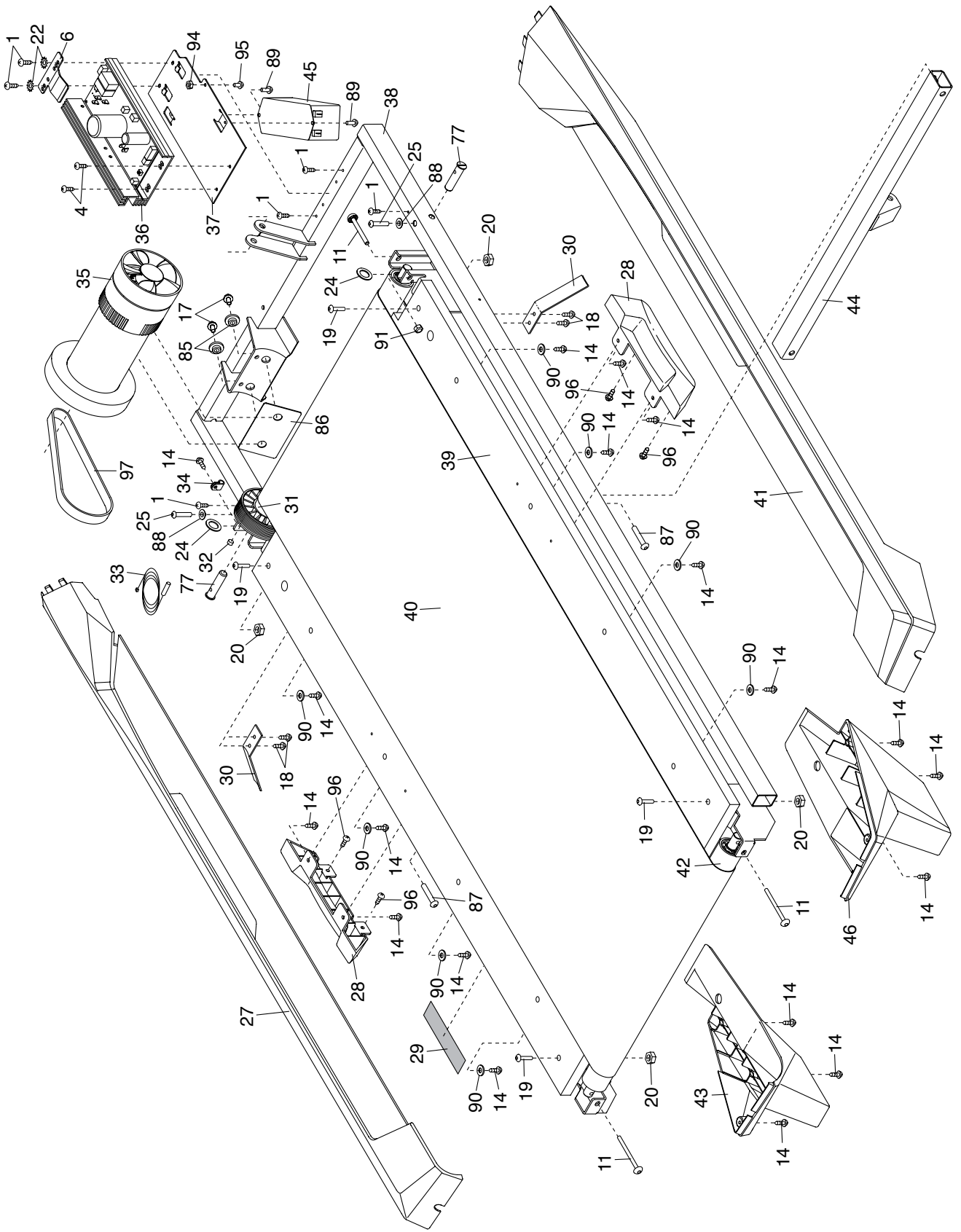
**MAINTENANCE • ENTRETIEN • MANTENIMIENTO • PFLEGE MANUTENZIONE •
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 ОБСЛУЖИВАНИЕ • ÎNTREȚINERE • ÚDRŽBA • ÚDRŽBA • SKÖTSEL • ПОДДРЪЖКА • ВАКИМ •
 ODRŽAVANJE • VZDRŽEVANJE • ВЪО ТРИ • 保养 • 維持管理 • 保養 • การดูแลรักษา • الصيانة**

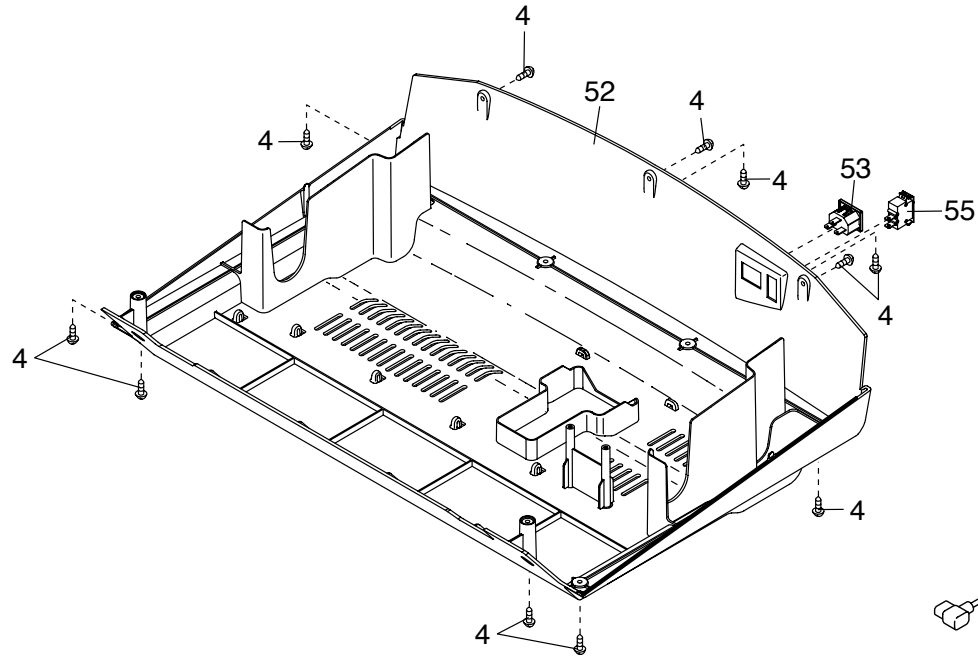
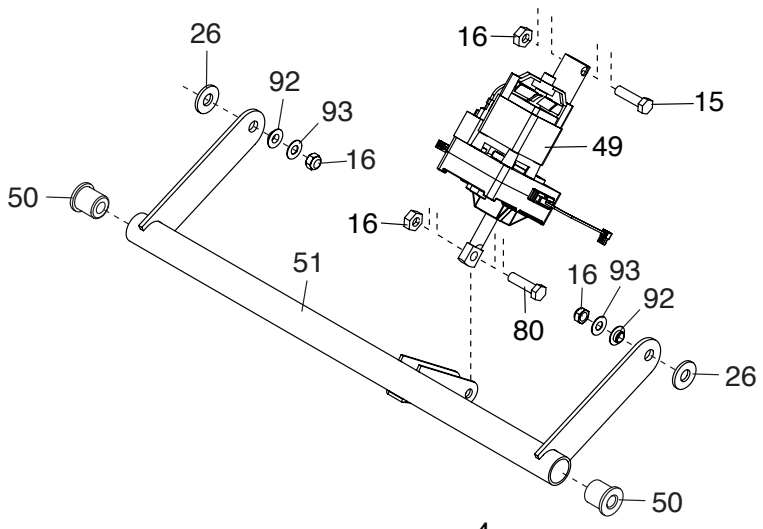
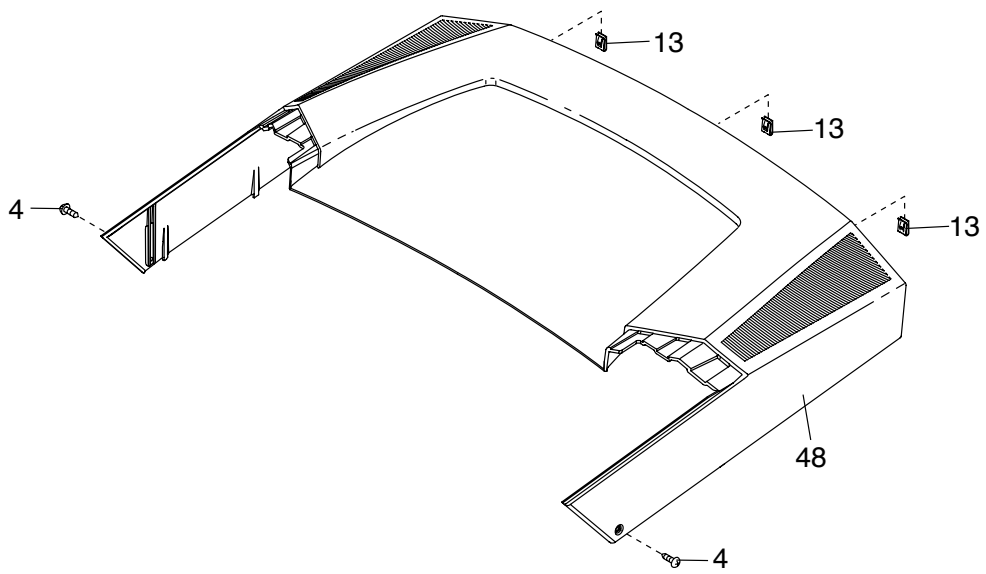
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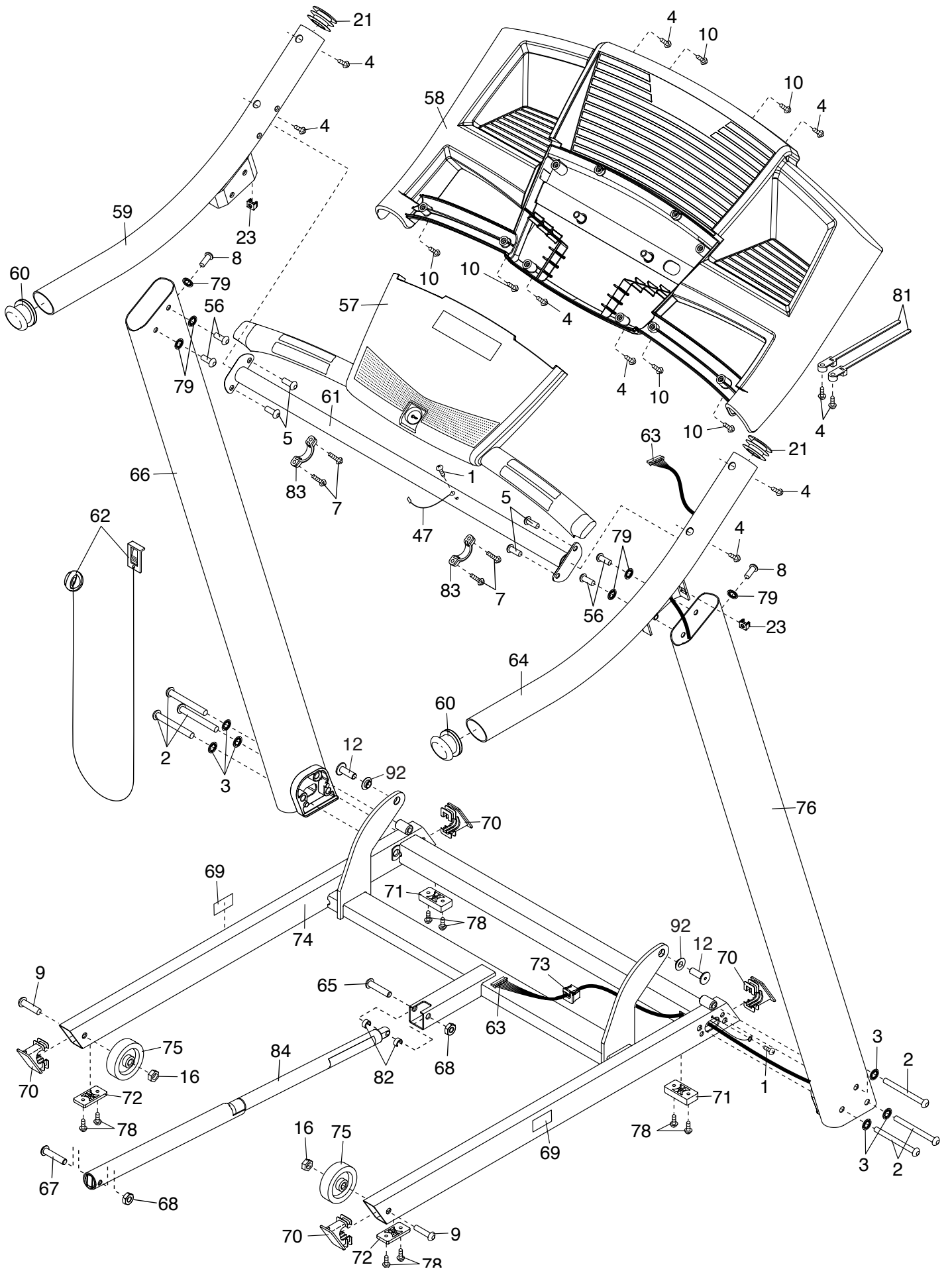
		
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FRANCE

Besoin d'assistance ?
Retrouvez-nous sur le site internet <http://www.domyos.fr/sav> (coût d'une connexion internet) ou contactez le centre de relation clientèle, muni d'un justificatif d'achat, au 0800 71 00 71 (appel gratuit depuis un poste fixe en France métropolitaine).

ESPAÑA

¿Necesita asistencia?
Nos puede encontrar en el sitio web <http://www.domyos.es/sav> (coste de conexión de internet) o contacte con el centro de atención al cliente, con el ticket de compra, a 914843981 para ayudarle a abrir un dossier spv (servicio de post venta, llamada gratuita desde un telefono fijo desde España).

ITALIA

Hai bisogno di assistenza?
Ci puoi contattare dal sito www.domyos.it/sav per aprire un dossier di assistenza post vendita. Se non hai una connessione ad internet, contatta il Servizio Clienti, munito dello scontrino al num 199 122 326 (11,88 cent/euro al min. + IVA) per farti aiutare ad aprire una segnalazione.

BELGIQUE

Besoin d'assistance ?
Retrouvez le service après vente sur le site internet <http://www.domyos.be/sav> (coût d'une connexion internet) qui vous permet d'effectuer une demande d'assistance si besoin.

BELGIË / NEDERLAND

Bijstand nodig?
U vindt de dienst na verkoop terug op de website <http://nl.domyos.be/sav> (kost van internetverbinding). Hier kan u een bijstandsaanvraag indienen indien nodig.

PORTUGAL

Necessita de assistência?
Encontre-nos no site [domyos.pt](http://www.domyos.pt) ou nos contacte através do nosso Centro de apoio técnico tendo em mãos uma prova de compra (cartão Decathlon ou factura de caixa) pelo número 800 919 970* Serviço pós venda gratuito para os produtos Domyos, ver condições de garantia. *Chamada gratuita.

DEUTSCHLAND

Brauchen Sie Hilfe?
Sie finden uns auf der Internetseite: www.domyos.com oder Sie rufen unser Customer-Relationship-Center an unter: 0049-7153-5759900 Halten Sie bitte Ihre Rechnung bereit.

中国

你需要帮助吗?
请访问我们的网站 <http://www.domyos.cn/sav> 或拨打我们的全国免费客服电话 4009-109-109。温馨提示: 拨打电话前, 请找到您的购物凭证。

OTHER COUNTRIES

Need help?
Find us on our website www.domyos.com (cost of an internet connection) or go to the front desk of one of the stores where you bought the product, with proof of purchase.

AUTRES PAYS

Besoin d'assistance ?
Retrouvez-nous sur le site internet www.domyos.com (coût d'une connexion internet) ou présentez-vous à l'accueil d'un magasin de l'enseigne où vous avez acheté votre produit, muni d'un justificatif d'achat.

OTROS PAÍSES

¿Necesita asistencia?
Nos puede encontrar en el sitio web www.domyos.com (coste de conexión de internet) o preséntese con el justificante de compra en la recepción de la tienda de la marca donde haya comprado el producto.

ANDERE LÄNDER

Brauchen Sie Hilfe?
Besuchen Sie unsere Internet-Site www.domyos.com (Kosten des Internetanschlusses) oder wenden Sie sich an die Empfangsstelle des Geschäfts der Marke, in welchem Sie Ihr Produkt gekauft haben. Legen Sie bitte Ihren Kaufnachweis vor.

ALTRI PAESI

Bisogno di assistenza?
Ci potete trovare sul sito Internet www.domyos.com (costo di una connessione Internet) o potete recarvi all'accoglienza di un negozio del marchio in cui avete comprato il prodotto, muniti di un giustificativo di acquisto.

OVERIGE LANDEN

Nog vragen?
Raadpleeg onze internetsite www.domyos.com (kosten internetverbinding) of ga naar de ontvangstbalie van de winkel waarin u het product heeft gekocht. Neem het aankoopbewijs mee.

OUTROS PAÍSES

Precisa de assistência?
Contacte-nos através do site da Internet www.domyos.com (custo de uma ligação à Internet) ou dirija-se à recepção da loja da marca onde adquiriu o seu produto, com o respectivo comprovativo de compra.

INNE KRAJE

Potrzebujesz pomocy?
Znajdź nas na stronie internetowej www.domyos.com (koszt jednego połączenia internetowego) lub wraz z dowodem zakupu zgłoś się do punktu obsługi sklepu firmowego lub tam, gdzie dokonasz zakupu produktu.

MÁS ORSZÁGOK

Segítségre van szüksége?
Keressen meg minket internetes honlapunkon www.domyos.com (internetcsatlakozás ára), vagy forduljon személyesen egyik üzletünk vevőszolgálatához, amely üzletben vásárolta a terméket, a vásárlási bizonylattal.

ДРУГИЕ СТРАНЫ

Нужна поддержка?
Обратитесь к нам через наш интернет-сайт www.domyos.com. (стоимость подключения к интернету) или подойдите в отдел обслуживания клиентов в магазине той сети, в которой вы купили ваш продукт, с товарным чеком.

ALTE ȚĂRI

Aveți nevoie de asistență?
Ne puteți găsi pe site-ul www.domyos.com (prețul unei conexiuni la internet) sau vă puteți prezenta la serviciul de relații cu clienții al magazinului firmei de la care ați achiziționat produsul, având asupra dumneavoastră dovada cumpărării.

OSTATNÉ KRAJINY

Potrebujeate asistenciu?
Nájdite si nás na internetových stránkach www.domyos.com (cena internetového pripojenia), alebo sa obráťte na oddelenie styku so zákazníkmi v obchode, kde ste svoj výrobok zakúpili a popritom nezabudnite predložiť doklad o kúpe.

OSTATNÍ ZEMĚ

Potřebujete pomoc?
Kontaktujte nás na našich internetových stránkách www.domyos.com (cena za internetové připojení) nebo přijďte na recepci jedné z prodejen značky, kde jste koupili váš výrobek, a předložte doklad o nákupu.

ANDRA LÄNDER

Behöver du hjälp?
Hitta oss på hemsidan www.domyos.com (kostnad för internetanslutning tillkommer) eller gå till kundtjänsten i butiken där du köpte produkten, med ditt inköpsbevis.

ДРУГИ ДЪРЖАВИ

Имате нужда от помощ?
Моля, посетете нашия сайт: www.domyos.com (цената на интернет връзка) или отидете в отдел "Обслужване на клиенти" на магазина, където сте купили продукта, като носите със себе си документ, доказващ направената покупка.

DİĞER ÜLKELER

Yardıma mı ihtiyacınız var?
www.domyos.com internet sitesinden bize ulaşabilirsiniz (bir internet bağlantı ücreti karşılığında) veya bir satın alma kanıtı ile birlikte, ürünü satın aldığınız mağazanın danışma bölümüne başvurabilirsiniz.

OSTALE ZEMLJE

Potrebná vam je pomoć?
Pronađite nas na internetskoj stranici www.domyos.com (po cijeni naknade za korištenje interneta) ili savjet potražite u trgovini u kojoj ste kupili proizvod, uz predročenje računa.

DRUGE DRŽAVE

Potrebujeete pomoč?
Obiščite našo spletno stran www.domyos.com ali trgovino, v kateri ste izdelek kupili, pri čemer je potrebno dokazilo o nakupu.

QU C GIA KHÁC

Cần hỗ trợ?
Hãy liên hệ với chúng tôi qua trang web www.domyos.com (cần có kết nối internet) hoặc đến đại lý chính hãng mà bạn đã mua sản phẩm, mang theo mình chúng mua hàng

其他国家

需要帮助?
请登录 www.domyos.com 与我们联系 (普通上网费用) 或携带购物发票至您购买产品的商店信息咨询处咨询。

その他の国

ヘルプが必要ですか?
サイト www.domyos.com をご覧ください (インターネット接続料)。もしくは製品購入を証明するものをご持参の上、お買い上げいただいた取扱店にお越しください。

其他國家

需要幫助?
請登陸 www.domyos.com 與我們聯繫 (普通上網費用) 或攜帶購物發票至您購買產品的商店的信息諮詢處諮詢。

ประเทศไทย

ต้องการรับความช่วยเหลือ?
พบกับเราได้ทั้งเว็บไซต์ www.domyos.com (อาจมีค่าใช้จ่ายในการเชื่อมต่ออินเทอร์เน็ต) หรือที่แผนกของห้างร้านที่คุณได้ซื้อผลิตภัณฑ์ พร้อมกับหลักฐานการซื้อผลิตภัณฑ์

دول أخرى

هل تحتاج إلى مساعدة?
اتصل على عبر موقعنا الإلكتروني www.domyos.com (تكلفة اتصال بالإنترنت) أو توجه إلى المحل الذي اشتريته منه المنتج والذي يوجد به علامة الشركة، واحرص على تقديم إثبات الشراء.



Производитель и адрес, Франция:
DECATHLON - 4 Boulevard de Mons - BP 299
59650 Villeneuve d'Ascq cedex - France

DECLARATION OF CONFORMITY

Product name: DOMYOS COMFORT RUN
Product function: Treadmill
Model: 8371087
Type: 2124703
This product conforms with all the relevant EC directives and standards listed below: 2006/42/CE
2006/95/CE
2004/108/CE
EN 60335-1
EN 55014-1 & EN 55014-2
EN 61000-3-2 & EN 61000-3-3
EN ISO 20957-1 & EN 957-6
Made in (place): MARCQ-EN-BARŒUL
Date (day/month/year): 01/07/2016
DOMYOS brand manager: Caroline LANIGAN
DECATHLON, 4 boulevard de Mons, BP 299
59650 VILLENEUVE D'ASCQ CEDEX, FRANCE

DÉCLARATION DE CONFORMITÉ CE

Nom du produit : DOMYOS COMFORT RUN
Fonction du produit : Tapis de course
Modèle : 8371087
Type : 2124703
Ce produit est conforme à l'ensemble des exigences pertinentes des directives et normes européennes ci-après : 2006/42/CE
2006/95/CE
2004/108/CE
EN 60335-1
EN 55014-1 & EN 55014-2
EN 61000-3-2 & EN 61000-3-3
EN ISO 20957-1 & EN 957-6
Fait à (lieu) : MARCQ-EN-BARŒUL
Date (jour/mois/année) : 01/07/2016
Directeur de la marque DOMYOS : Caroline LANIGAN
DECATHLON, 4 boulevard de Mons, BP 299
59650 VILLENEUVE D'ASCQ CEDEX, FRANCE

DECLARACIÓN DE CONFORMIDAD CE

Nombre del producto: DOMYOS COMFORT RUN
Función del producto: Cinta de correr
Modelo: 8371087
Tipo: 2124703
Este producto es conforme con el conjunto de los requisitos pertinentes de las directivas y las normas europeas mencionadas a continuación: 2006/42/CE
2006/95/CE
2004/108/CE
EN 60335-1
EN 55014-1 & EN 55014-2
EN 61000-3-2 & EN 61000-3-3
EN ISO 20957-1 & EN 957-6
Hecho en (lugar): MARCQ-EN-BARŒUL
Fecha (día/mes/año): 01/07/2016
Director de la marca DOMYOS: Caroline LANIGAN
DECATHLON, 4 boulevard de Mons, BP 299
59650 VILLENEUVE D'ASCQ CEDEX, FRANCE

KONFORMITÄTSEKTLÄRUNG

Produktbezeichnung: DOMYOS COMFORT RUN
Produktfunktion: Laufband
Modell: 8371087
Typ: 2124703
Dieses Produkt ist mit allen wesentlichen Anforderungen der nachstehenden EG-Richtlinien konform: 2006/42/CE
2006/95/CE
2004/108/CE
EN 60335-1
EN 55014-1 & EN 55014-2
EN 61000-3-2 & EN 61000-3-3
EN ISO 20957-1 & EN 957-6
Erstellt in (Ort): MARCQ-EN-BARŒUL
Datum (Tag/Monat/Jahr): 01/07/2016
Leiter der Marke DOMYOS: Caroline LANIGAN
DECATHLON, 4 boulevard de Mons, BP 299
59650 VILLENEUVE D'ASCQ CEDEX, FRANCE

DICHIARAZIONE DI CONFORMITÀ CE

Nome del prodotto: DOMYOS COMFORT RUN
Funzione del prodotto: Pedana da corsa
Modello: 8371087
Tipo: 2124703
Questo prodotto è conforme al complesso delle pertinenti esigenze delle direttive e norme europee qui di seguito: 2006/42/CE
2006/95/CE
2004/108/CE
EN 60335-1
EN 55014-1 & EN 55014-2
EN 61000-3-2 & EN 61000-3-3
EN ISO 20957-1 & EN 957-6
Redatto a (luogo): MARCQ-EN-BARŒUL
Data (giorno/mese/anno): 01/07/2016
Direttore del marchio DOMYOS: Caroline LANIGAN
DECATHLON, 4 boulevard de Mons, BP 299
59650 VILLENEUVE D'ASCQ CEDEX, FRANCE

CONFORMITEITSVERKLARING

Naam product: DOMYOS COMFORT RUN
Functie product: Hardloopband
Model: 8371087
Type: 2124703
Dit product voldoet aan de het geheel van de relevante eisen van de hierna volgende Europese richtlijnen en normen: 2006/42/CE
2006/95/CE
2004/108/CE
EN 60335-1
EN 55014-1 & EN 55014-2
EN 61000-3-2 & EN 61000-3-3
EN ISO 20957-1 & EN 957-6
Opgemaakt te: MARCQ-EN-BARŒUL
Datum (dag/maand/jaar): 01/07/2016
Directeur van het merk DOMYOS: Caroline LANIGAN
DECATHLON, 4 boulevard de Mons, BP 299
59650 VILLENEUVE D'ASCQ CEDEX, FRANCE

DECATHLON

Производитель и адрес, Франция:
DECATHLON - 4 Boulevard de Mons - BP 299
59650 Villeneuve d'Ascq cedex - France

DECLARAÇÃO DE CONFORMIDADE CE

Nome do produto: DOMYOS COMFORT RUN
Função do produto: Tapete de corrida
Modelo: 8371087
Tipo: 2124703
Este produto está em conformidade com todas as exigências pertinentes das directivas e normas europeias indicadas de seguida: 2006/42/CE
2006/95/CE
2004/108/CE
EN 60335-1
EN 55014-1 & EN 55014-2
EN 61000-3-2 & EN 61000-3-3
EN ISO 20957-1 & EN 957-6
Redigido em (local): MARCQ-EN-BARCEUL
Data (dia/mês/ano): 01/07/2016
Director da marca DOMYOS: Caroline LANIGAN
DECATHLON, 4 boulevard de Mons, BP 299
59650 VILLENEUVE D'ASCQ CEDEX, FRANCE

DEKLARACJA ZGODNOŚCI CE

Nazwa produktu: DOMYOS COMFORT RUN
Funkcja produktu: Bieżnia
Model: 8371087
Typ: 2124703
Produkt spełnia wszystkie wymogi obowiązujących dyrektyw europejskich oraz wymienionych poniżej norm: 2006/42/CE
2006/95/CE
2004/108/CE
EN 60335-1
EN 55014-1 & EN 55014-2
EN 61000-3-2 & EN 61000-3-3
EN ISO 20957-1 & EN 957-6
Sporządzono w (miejsce): MARCQ-EN-BARCEUL
Data (dzień/miesiąc/rok): 01/07/2016
Dyrektor marki DOMYOS: Caroline LANIGAN
DECATHLON, 4 boulevard de Mons, BP 299
59650 VILLENEUVE D'ASCQ CEDEX, FRANCE

EK MEGFELELŐSÉGI NYILATKOZAT

A termék neve: DOMYOS COMFORT RUN
A termék használat: Futópad
Modell: 8371087
Típus: 2124703
Ez a termék megfelel az alább felsorolt valamennyi európai irányelv és szabvány idevonatkozó követelményeinek: 2006/42/CE
2006/95/CE
2004/108/CE
EN 60335-1
EN 55014-1 & EN 55014-2
EN 61000-3-2 & EN 61000-3-3
EN ISO 20957-1 & EN 957-6
Készült (hely): MARCQ-EN-BARCEUL
Dátum (nap/hónap/év): 01/07/2016
A DOMYOS márka igazgatója: Caroline LANIGAN
DECATHLON, 4 boulevard de Mons, BP 299
59650 VILLENEUVE D'ASCQ CEDEX, FRANCE

ДЕКЛАРАЦИЯ СООТВЕТСТВИЯ CE

Название продукта: DOMYOS COMFORT RUN
Назначение продукта: Беговая дорожка
Модель: 8371087
Тип: 2124703
Продукт отвечает всем соответствующим требованиям перечисленных далее европейских директив и стандартов: 2006/42/CE
2006/95/CE
2004/108/CE
EN 60335-1
EN 55014-1 & EN 55014-2
EN 61000-3-2 & EN 61000-3-3
EN ISO 20957-1 & EN 957-6
Место производства: MARCQ-EN-BARCEUL
Дата (день/месяц/год): 01/07/2016
Директор марки DOMYOS: Caroline LANIGAN
DECATHLON, 4 boulevard de Mons, BP 299
59650 VILLENEUVE D'ASCQ CEDEX, FRANCE

DECLARAȚIE DE CONFORMITATE CE

Numele produsului: DOMYOS COMFORT RUN
Funcția produsului: Bandă de alergare
Model: 8371087
Tip: 2124703
Acest produs este conform cu ansamblul exigențelor pertinente ale directivelor și normelor europene menționate în continuare: 2006/42/CE
2006/95/CE
2004/108/CE
EN 60335-1
EN 55014-1 & EN 55014-2
EN 61000-3-2 & EN 61000-3-3
EN ISO 20957-1 & EN 957-6
Încheiată în (loc): MARCQ-EN-BARCEUL
Data (ziua/luna/anul): 01/07/2016
Director de marcă DOMYOS: Caroline LANIGAN
DECATHLON, 4 boulevard de Mons, BP 299
59650 VILLENEUVE D'ASCQ CEDEX, FRANCE

PREHLÁSENIE O ZHODE CE

Názov výrobku: DOMYOS COMFORT RUN
Funkce výrobku: Bežecký pás
Model: 8371087
Typ: 2124703
Tento výrobok súhlasí s všetkými nárokmi európskych smerníc a noriem: 2006/42/CE
2006/95/CE
2004/108/CE
EN 60335-1
EN 55014-1 & EN 55014-2
EN 61000-3-2 & EN 61000-3-3
EN ISO 20957-1 & EN 957-6
V (miesto): MARCQ-EN-BARCEUL
Dátum (deň/mesiac/rok): 01/07/2016
Riaditeľ značky DOMYOS: Caroline LANIGAN
DECATHLON, 4 boulevard de Mons, BP 299
59650 VILLENEUVE D'ASCQ CEDEX, FRANCE

DECATHLON

Производител и адрес, Франция:
DECATHLON - 4 Boulevard de Mons - BP 299
59650 Villeneuve d'Ascq cedex - France

PROHLÁŠENÍ O SHODĚ

Název výrobku: DOMYOS COMFORT RUN
Funkce výrobku: Běžecký pás
Model: 8371087
Typ: 2124703
Tento výrobek vyhovuje požadavkům následujících evropských směrnic a standardů: 2006/42/CE
2006/95/CE
2004/108/CE
EN 60335-1
EN 55014-1 & EN 55014-2
EN 61000-3-2 & EN 61000-3-3
EN ISO 20957-1 & EN 957-6
Místo: MARCQ-EN-BARCEUL
Datum (den/měsíc/rok): 01/07/2016
ředitel značky DOMYOS: Caroline LANIGAN
DECATHLON, 4 boulevard de Mons, BP 299
59650 VILLENEUVE D'ASCQ CEDEX, FRANCE

FÖRSÄKRAN OM ÖVERENSSTÄMMELSE CE

Produktnamn: DOMYOS COMFORT RUN
Produktfunktion: Löpband
Modell: 8371087
Typ: 2124703
Denna produkt uppfyller alla relevanta krav i EU-direktiven och standarderna nedan: 2006/42/CE
2006/95/CE
2004/108/CE
EN 60335-1
EN 55014-1 & EN 55014-2
EN 61000-3-2 & EN 61000-3-3
EN ISO 20957-1 & EN 957-6
Utfärdat i: MARCQ-EN-BARCEUL
Datum (dag/månad/år): 01/07/2016
Direktör för märket DOMYOS: Caroline LANIGAN
DECATHLON, 4 boulevard de Mons, BP 299
59650 VILLENEUVE D'ASCQ CEDEX, FRANCE

CE ДЕКЛАРАЦИЯ ЗА СЪОТВЕТСТВИЕ

Наименование на продукта: DOMYOS COMFORT RUN
Функция на продукта: Бягаща пътека
Модел: 8371087
Вид: 2124703
Този продукт е в съответствие с всички изисквания на следните европейски директиви и стандарти: 2006/42/CE
2006/95/CE
2004/108/CE
EN 60335-1
EN 55014-1 & EN 55014-2
EN 61000-3-2 & EN 61000-3-3
EN ISO 20957-1 & EN 957-6
Изготвена в (място): MARCQ-EN-BARCEUL
Дата (ден/месец/година): 01/07/2016
Директор, отговарящ за марката DOMYOS: Caroline LANIGAN
DECATHLON, 4 boulevard de Mons, BP 299
59650 VILLENEUVE D'ASCQ CEDEX, FRANCE

UYGUNLUK BELGESİ CE

Ürünün adı: DOMYOS COMFORT RUN
Ürünün işlevi: Koşu bandı
Model: 8371087
Tip: 2124703
Bu ürün, aşağıda yer alan mevcut Avrupa standartlarına ve yönergelerine uygundur: 2006/42/CE
2006/95/CE
2004/108/CE
EN 60335-1
EN 55014-1 & EN 55014-2
EN 61000-3-2 & EN 61000-3-3
EN ISO 20957-1 & EN 957-6
Üretim (yer): MARCQ-EN-BARCEUL
Tarih (gün/ay/yıl): 01/07/2016
DOMYOS Marka Direktörü: Caroline LANIGAN
DECATHLON, 4 boulevard de Mons, BP 299
59650 VILLENEUVE D'ASCQ CEDEX, FRANCE

IZJAVA O EZ SUKLADNOSTI

Naziv proizvoda: DOMYOS COMFORT RUN
Namjena proizvoda: Traka za trčanje
Model: 8371087
Vrsta: 2124703
Ovaj proizvod je uskladen sa svim relevantnim zahtjevima europskih direktiva i standarda navedenih u nastavku: 2006/42/CE
2006/95/CE
2004/108/CE
EN 60335-1
EN 55014-1 & EN 55014-2
EN 61000-3-2 & EN 61000-3-3
EN ISO 20957-1 & EN 957-6
Sastavljeno u (mjesto): MARCQ-EN-BARCEUL
Datum (dan/mjesec/godina): 01/07/2016
Direktor marke DOMYOS: Caroline LANIGAN
DECATHLON, 4 boulevard de Mons, BP 299
59650 VILLENEUVE D'ASCQ CEDEX, FRANCE

IZJAVA O SKLADNOSTI CE

Ime izdelka: DOMYOS COMFORT RUN
Namen izdelka: Tekalna steza
Model: 8371087
Tip: 2124703
Ta izdelek izpolnjuje zahteve evropskih direktiv in standardov: 2006/42/CE
2006/95/CE
2004/108/CE
EN 60335-1
EN 55014-1 & EN 55014-2
EN 61000-3-2 & EN 61000-3-3
EN ISO 20957-1 & EN 957-6
Izdelano (kraj): MARCQ-EN-BARCEUL
Datum (dan/mesec/leto): 01/07/2016
Direktor znamke DOMYOS: Caroline LANIGAN
DECATHLON, 4 boulevard de Mons, BP 299
59650 VILLENEUVE D'ASCQ CEDEX, FRANCE

DECATHLON

Производитель и адрес, Франция:
DECATHLON - 4 Boulevard de Mons - BP 299
59650 Villeneuve d'Ascq cedex - France

TỜ KHAI PHÙ HỢP VỚI QUY ĐỊNH CỦA CHÂU ÂU

Tên sản phẩm: DOMYOS COMFORT RUN
Chức năng của sản phẩm: Máy chạy bộ
Mã đơn: 8371087
Loại: 2124703
Sản phẩm này phù hợp với tất cả các yêu cầu và các tiêu chuẩn châu âu dưới đây:
2006/42/CE
2006/95/CE
2004/108/CE
EN 60335-1
EN 55014-1 & EN 55014-2
EN 61000-3-2 & EN 61000-3-3
EN ISO 20957-1 & EN 957-6
Sản xuất tại: MARCQ-EN-BARCEUL
Ngày tháng: 01/07/2016
Giám đốc nhân hàng DOMYOS: Caroline LANIGAN
DECATHLON, 4 boulevard de Mons, BP 299
59650 VILLENEUVE D'ASCQ CEDEX, FRANCE

产品合格声明

产品名称: DOMYOS COMFORT RUN
产品功能: 跑步机
型号: 8371087
类别: 2124703
本产品符合以下安全生产标准:
2006/42/CE
2006/95/CE
2004/108/CE
EN 60335-1
EN 55014-1 & EN 55014-2
EN 61000-3-2 & EN 61000-3-3
EN ISO 20957-1 & EN 957-6
产地: MARCQ-EN-BARCEUL
生产日期(日/月/年): 01/07/2016
DOMYOS品牌经理: Caroline LANIGAN
DECATHLON, 4 boulevard de Mons, BP 299
59650 VILLENEUVE D'ASCQ CEDEX, FRANCE

規格に関する声明 CE

製品名: DOMYOS COMFORT RUN
製品の機能: トレッドミル
モデル: 8371087
種類: 2124703
この製品は、次の欧州規格ならびに政令の定める内容全般を遵守しています。
2006/42/CE
2006/95/CE
2004/108/CE
EN 60335-1
EN 55014-1 & EN 55014-2
EN 61000-3-2 & EN 61000-3-3
EN ISO 20957-1 & EN 957-6
製造国: MARCQ-EN-BARCEUL
製造日(日/月/年): 01/07/2016
DOMYOSブランド責任者: Caroline LANIGAN
DECATHLON, 4 boulevard de Mons, BP 299
59650 VILLENEUVE D'ASCQ CEDEX, FRANCE

產品合格聲明

產品名稱: DOMYOS COMFORT RUN
產品功能: 跑步機
型号: 8371087
類別: 2124703
本產品符合以下安全生產標準:
2006/42/CE
2006/95/CE
2004/108/CE
EN 60335-1
EN 55014-1 & EN 55014-2
EN 61000-3-2 & EN 61000-3-3
EN ISO 20957-1 & EN 957-6
產地: MARCQ-EN-BARCEUL
生產日期(日/月/年): 01/07/2016
DOMYOS品牌經理: Caroline LANIGAN
DECATHLON, 4 boulevard de Mons, BP 299
59650 VILLENEUVE D'ASCQ CEDEX, FRANCE

การประกาศรับรองการปฏิบัติตามเงื่อนไข

ชื่อผลิตภัณฑ์: DOMYOS COMFORT RUN
ฟังก์ชันการทำงานของผลิตภัณฑ์: เครื่องออกกำลังกายแบบลู่วิ่ง
รุ่น: 8371087
ชนิด: 2124703
ผลิตภัณฑ์นี้สอดคล้องกับข้อบังคับของกรรมาธิการยุโรป และมาตรฐานที่เกี่ยวข้องตามรายการด้านล่างนี้:
2006/42/CE
2006/95/CE
2004/108/CE
EN 60335-1
EN 55014-1 & EN 55014-2
EN 61000-3-2 & EN 61000-3-3
EN ISO 20957-1 & EN 957-6
สถานที่: MARCQ-EN-BARCEUL
วันที่(วัน/เดือน/ปี): 01/07/2016
ผู้จัดการผลิตภัณฑ์ DOMYOS: ฟิลิปป์ เบอร์นาเกต
DECATHLON, 4 boulevard de Mons, BP 299
59650 VILLENEUVE D'ASCQ CEDEX, FRANCE

بيان المطابقة

DOMYOS COMFORT RUN
جهاز المشاية
8371087
2124703
2006/42/CE
2006/95/CE
2004/108/CE
EN 60335-1
EN 55014-1 & EN 55014-2
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EN ISO 20957-1 & EN 957-6
MARCQ-EN-BAROEUL
01/07/2016
Caroline LANIGAN
DECATHLON, 4 boulevard de Mons, BP 299
59650 VILLENEUVE D'ASCQ CEDEX, FRANCE
اسم الجهاز:
وظيفة الجهاز:
الموديل:
النوع:
هذا الجهاز متوافق مع مجمل متطلبات المعايير والتعليقات الأوروبية الآتية بعد:
تحريرا في (المكان):
التاريخ (يوم/شهر/سنة):
مدير العلامة التجارية :DOMYOS

DOMYOS COMFORT RUN

Original instructions to be kept
Notice originale à conserver
Conserve estas instrucciones originales
Originalanleitung für Ihre Unterlagen
Istruzioni originali da conservare
De oorspronkelijke handleiding dient bewaard te worden
Manual original a guardar
Instrukcja obsługi do zachowania na przyszłość
Tegye el az eredeti használati utasítást.
Сохраните оригинальную инструкцию
Informații originale care trebuie păstrate
Originál návod uchovať
Originální návod uschovejte
Originalbipacksedel att spara
Запазете оригиналното упътване
Muhafaza edilecek orijinal kullanım kılavuzu
Izvorne upute, sačuvajte za kasniju upotrebu
Shranite originalna navodila
Tuân theo các chỉ dẫn ban đầu
请保留说明书
大切に保管してください
請保留原始說明書
โปรดเก็บรักษาคู่มือการใช้งาน
انظر الإرشادات الموجودة بالداخل.

DECATHLON

Производитель и адрес, Франция:
DECATHLON - 4 Boulevard de Mons - BP 299
59650 Villeneuve d'Ascq cedex - France

IMPORTADO PARA O BRASIL POR IGUASPORT LTDA. CNPJ : 02.314.041/0001-88

Импортер: ООО «Октобл», 141031, Россия, Московская область, Мытищинский район, МКАД 84-й км., ТПЗ «Алтуфьево», владение 3, строение 3 - +7(495)6414446 - Беговая дорожка - металл / пластик - для занятий спортом

TURKSPORT Spor Ürünleri Sanayi ve Ticaret Ltd.Şti, Osmaniye Mahallesi Çobançeşme Koşuyolu, Bulvarı No: 3 Marmara Forum Garden Office, 0B Blok 01 Bakırköy 34146 Istanbul, TURKEY

以下标示仅在中国大陆地区适用 - 生产商: 上海莘威运动品有限公司, 上海市闵行区申北路2号 邮编: 201108 - 产品等级: 合格品 - 质检证明: 合格 - 中国制造 - 执行标准: EN ISO 20957-1 2013 - EN 957-6 2010 - H - GB 17498-1 2008 - GB 17498-6 2008 - 品名: 跑步机 - 主要成分: 胶体 / 塑胶 - 商标: DOMYOS

540-0011, 大阪市中央区農人橋1-1-22, 大江ビル10階, ノヴァテックジャパン株式会社

進口/委製商台灣迪卡儂有限公司, 台中市南屯區大墩南路379號, 04-24713612 - 品名: 跑步機 - 主要部件: 金屬 / 塑膠

Made in China - Fabricado na/em China - Произведено в Китае - İmal edildiği yer Çin - 中国 制造 - 中國 製造 - ผลิตในจีน

PACK REF: 2142818



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